

11th Annual I AM WOMAN 5K RUN & WALK
 Lynchburg, VA October 31, 2015 8:00am
 Sunny, 39 degrees

Place	Name	No.	Ag	S	City	St	1-Mile	Gun	Chip	Pace
1	Brooke Manion	641	16	F	Amherst	VA	6:18	19:38	19:38	6:20
2	Chelsie Viar	603	35	F	Lynchburg	VA	6:37	21:28	21:27	6:55
3	Julia Hendricksen	897	41	F	Lynchburg	VA	6:43	21:32	21:32	6:57
4	Ashley Laneve	720	13	F	Forest	VA	6:58	21:37	21:37	6:59
5	Caroline Thomas	835	14	F	Lynchburg	VA	7:04	21:58	21:58	7:05
6	Holly Knight	905	29	F	Forest	VA	6:47	22:00	22:00	7:06
7	Christen Thomas	836	13	F	Lynchburg	VA	7:06	23:37	23:37	7:37
8	Agata Griffis	465	46	F	Forest	VA	7:31	23:45	23:42	7:39
9	Cindi Perry	571	47	F	Lynchburg	VA	7:52	24:12	24:03	7:46
10	Esther Perry	572	15	F	Lynchburg	VA	7:55	24:23	24:13	7:49
11	Lorrie Brunet	679	50	F	Lynchburg	VA	7:37	24:19	24:14	7:49
12	Mary Kathryn Allen	436	36	F	Gladstone	VA	7:33	24:16	24:16	7:50
13	Amanda Velez	551	24	F	Lynchburg	VA	7:27	24:23	24:17	7:50
14	Christy Davis	961	37	F	Lynchburg	VA	7:52	24:43	24:37	7:57
15	Alicia Roberts	954	36	F	Lynchburg	VA	8:04	24:57	24:54	8:02
16	Berkley Jamerson	980	10	F	Appomattox	VA	8:44	25:23	25:09	8:07
17	Meghan Toler	498	29	F	Forest	VA	7:54	25:09	25:09	8:07
18	Faith Perry	573	18	F	Lynchburg	VA	7:55	25:24	25:14	8:09
19	Addie Ewers	351	12	F	Lynchburg	VA	7:50	25:23	25:20	8:11
20	Rhonda Sprouse	894	38	F	Madison Heights	VA	8:02	25:25	25:21	8:11
21	Cheri Lanier	524	34	F	Lynchburg	VA	8:01	25:31	25:30	8:14
22	Molly Pratt	639	11	F	Forest	VA	7:42	25:33	25:33	8:15
23	Juliana Acevedo	167	29	F	Forest	VA	8:34	25:48	25:37	8:16
24	Lauren Keese	950	28	F	Altavista	VA	8:29	25:50	25:44	8:19
25	Diana Hart	552	27	F	Lynchburg	VA	7:54	25:51	25:47	8:19
26	Ronda Carroll	394	45	F	Forest	VA	8:47	25:58	25:51	8:20
27	Cotrena Liggon	787	37	F	Lynchburg	VA	8:31	26:35	26:30	8:33
28	Leah Jones	424	22	F	Lynchburg	VA	8:06	26:48	26:41	8:37
29	Tessa Quesenberry	397	28	F	Lynchburg	VA	8:47	26:51	26:42	8:37
30	Vesna Farrar	680	30	F	Lynchburg	VA	9:21	27:11	26:57	8:42
31	MacKenzie Allen	418	14	F	Lynchburg	VA	8:30	27:03	27:00	8:43
32	Charlene Morell	504	41	F	Lynchburg	VA	8:52	27:08	27:05	8:45
33	Caroline Branham	760	13	F	Madison Heights	VA	9:24	27:48	27:14	8:47
34	Lindsay Klein	873	30	F	Forest	VA	9:17	27:21	27:16	8:48
35	Megan Johnson	910	22	F	Lynchburg	VA	8:33	27:19	27:16	8:48
36	Mandi Grosvenor	625	26	F	Forest	VA	8:30	27:25	27:21	8:50
37	Annette Watts	486	35	F	Forest	VA	9:15	28:20	27:28	8:52
38	Amanda Greenlaw	681	33	F	Evington	VA	8:19	28:50	27:41	8:56
39	Lesley McPhatter	759	51	F	Madison Heights	VA	9:24	28:16	27:42	8:57
40	Victoria Lee	416	53	F	Madison Heights	VA	9:06	28:22	27:44	8:57
41	Elizabeth Humphrey	415	27	F	Madison Heights	VA	9:06	28:22	27:44	8:57
42	Jeanne Landis	946	53	F	Lynchburg	VA	8:38	27:44	27:44	8:57
43	Christy Masters	867	51	F	Lynchburg	VA	8:47	27:52	27:45	8:57
44	Kelly Perdieu	744	36	F	Forest	VA	8:51	28:15	27:46	8:58
45	Regan Morris	638	21	F	Lynchburg	VA	9:08	27:58	27:49	8:59
46	Andrea Mawyer	830	23	F	Lynchburg	VA	9:16	28:17	27:52	9:00
47	Nicole Jordan	747	26	F	Amherst	VA	8:52	28:00	27:53	9:00
48	Tray Grant	626	38	F	Lynchburg	VA	9:08	27:59	27:54	9:00
49	Kristen Tipton	627	30	F	Lynchburg	VA	9:09	27:59	27:54	9:00
50	Jade Lane	517	54	F	Lynchburg	VA	8:58	28:12	28:01	9:02
51	Christina Ruiz	406	25	F	Lynchburg	VA	8:36	28:09	28:03	9:03
52	Nelfa McReynolds	718	49	F	Forest	VA	8:55	28:08	28:05	9:04
53	Jocelyn Toews	569	25	F	Lynchburg	VA	9:34	28:43	28:13	9:06
54	Caitlyn Lee	568	28	F	Lynchburg	VA	9:34	28:44	28:13	9:07

55	Myra McDaniel	570	41	F	Lynchburg	VA	8:48	28:42	28:41	9:15
56	Nancy Turner	501	44	F	Forest	VA	8:53	28:44	28:41	9:15
57	Heather Anderson	856	21	F	Lynchburg	VA	9:10	29:29	28:49	9:18
58	Kathryn Hatch	499	24	F	Lynchburg	VA	9:10	29:29	28:50	9:18
59	Brooke Anderson	857	24	F	Lynchburg	VA	9:10	29:31	28:51	9:19
60	Jessica Brown	803	27	F	Lynchburg	VA	9:20	28:57	28:52	9:19
61	Jessica Kercher	725	30	F	Lynchburg	VA	9:14	29:11	28:57	9:20
62	Jennifer Candler	798	34	F	Lynchburg	VA	9:12	29:16	29:09	9:25
63	Lydia Norman	459	16	F	Goode	VA	9:11	30:07	29:11	9:25
64	Sara Tomlin	645	34	F	Madison Heights	VA	9:13	29:37	29:14	9:26
65	Beth Jamerson	979	38	F	Appomattox	VA	9:21	29:30	29:16	9:27
66	Shannon Vincin-Calu	685	37	F	Lynchburg	VA	9:35	30:29	29:18	9:27
67	Christy Worley	914	36	F	Lynch Station	VA	9:36	29:30	29:18	9:27
68	Katie Kirby	915	31	F	Lynch Station	VA	9:36	29:30	29:19	9:28
69	Kellie Gallier	647	38	F	Appomattox	VA	9:25	29:30	29:21	9:29
70	Susan Cheatham	849	45	F	Spout Spring	VA	9:02	29:31	29:24	9:29
71	Caryn Pack	920	36	F	Forest	VA	9:08	30:22	29:24	9:29
72	Pamela Shirey	651	50	F	Lynchburg	VA	9:51	30:08	29:38	9:34
73	Karen Crosby	653	45	F	Madison Heights	VA	9:51	30:07	29:38	9:34
74	Andrea Neiman	535	54	F	Lynchburg	VA	9:58	30:57	29:56	9:40
75	Caroline Adolf	968	32	F	Lynchburg	VA	10:03	30:41	30:00	9:41
76	Shanna Akers	877	40	F	Madison Heights	VA	9:37	30:16	30:03	9:42
77	Maribel Rosado-Schi	658	46	F	Lynchburg	VA	9:33	30:20	30:08	9:44
78	Nicole Straw	872	30	F	Forest	VA	9:22	30:13	30:10	9:44
79	Crystal Moore	586	33	F	Lynchburg	VA	9:31	30:22	30:12	9:45
80	Lindy Suster	686	34	F	Lynchburg	VA	9:42	31:33	30:20	9:47
81	Betsy Craig	649	30	F	Lynchburg	VA	10:26	31:22	30:21	9:48
82	Beverly Schreiber	396	52	F	Gladys	VA	9:33	30:36	30:24	9:49
83	Stacey Lowe	619	55	F	Lynchburg	VA	9:53	30:39	30:26	9:49
84	Amanda Hahn	972	25	F	Lynchburg	VA	9:55	30:56	30:30	9:51
85	Caitlin Belardinell	969	25	F	Lynchburg	VA	9:37	30:47	30:31	9:51
86	Alicia Matherly	380	51	F	Hurt	VA	9:43	31:05	30:33	9:51
87	Carolyn Hopper	896	57	F	Lynchburg	VA		31:49	30:37	9:53
88	Heather Parks	437	29	F	Lynchburg	VA	10:01	31:08	30:39	9:54
89	Laura Meadows	637	44	F	Lynchburg	VA	9:08	30:57	30:48	9:56
90	Lynn McFaden	538	64	F	Evington	VA	9:48	31:01	30:49	9:57
91	Malanie Myaing	742	11	F	Lynchburg	VA	10:09	32:27	30:50	9:57
92	Tammy Brown	661	46	F	Forest	VA	9:25	31:02	30:50	9:57
93	Julie Barber	610	39	F	Madison Heights	VA	9:50	31:04	30:51	9:57
94	Renea Milam	909	29	F	Gretna	VA	10:11	31:20	30:57	9:59
95	Angie Kyper	350	39	F	Lynchburg	VA	9:47	31:22	31:01	10:01
96	Jordan Sparnroft	902	25	F	Appomattox	VA	9:37	31:24	31:08	10:03
97	Kennedy Campbell	800	14	F	Madison Heights	VA	10:17	31:29	31:14	10:05
98	Elora Burchette	814	11	F	Madison Heights	VA	10:18	31:31	31:16	10:05
99	Tammy Stoner	875	50	F	Forest	VA	10:00	31:20	31:16	10:05
100	Teresa Carr	865	50	F	Forest	VA	10:35	32:41	31:16	10:05
101	Angela Moses	670	40	F	Lynchburg	VA	9:46	31:28	31:16	10:06
102	Tiffany Dowdy	788	38	F	Concord	VA	10:06	32:18	31:17	10:06
103	Marissa McReynolds	719	12	F	Forest	VA	9:54	31:19	31:17	10:06
104	Candy Spencer	687	45	F	Lynchburg	VA	10:11	32:34	31:21	10:07
105	Leann James	774	59	F	Lynchburg	VA	9:54	31:31	31:22	10:07
106	Patricia Herbert	874	26	F	Lynchburg	VA	9:21	31:32	31:27	10:09
107	Ana Shepherd	802	26	F	Lynchburg	VA	9:20	31:33	31:28	10:09
108	Teresa McGehee	497	52	F	Forest	VA	9:40	31:32	31:32	10:11
109	Amy Wood	944	33	F	Madison Heights	VA	9:11	31:54	31:34	10:11
110	Keena Thomas	817	42	F	Lynchburg	VA	10:21	32:09	31:34	10:11
111	Holly Trent	816	40	F	Lynchburg	VA	10:22	32:10	31:35	10:12
112	Calli Anderson	539	28	F	Forest	VA	9:48	31:55	31:43	10:14
113	Brittany Proffitt	467	27	F	Madison Heights	VA	9:54	32:38	31:54	10:18
114	Mercy Clements	405	41	F	Lynchburg	VA	10:06	32:25	32:00	10:20
115	Brittany Kyper	468	25	F	Lynchburg	VA	10:00	32:38	32:00	10:20
116	Sadie Harvey	609	8	F	Madison Heights	VA	10:13	32:22	32:04	10:21

117	Candace Lawhorne	592	65	F	Lynchburg	VA	10:19	32:44	32:05	10:21
118	Lacey Campbell	801	10	F	Madison Heights	VA	10:16	32:22	32:07	10:22
119	Christine Duffie	746	45	F	Forest	VA	10:04	32:32	32:08	10:22
120	Leigh Frasier	881	42	F	Forest	VA	10:10	32:37	32:08	10:22
121	Melissa Millner	807	49	F	Forest	VA	10:10	32:37	32:08	10:22
122	Romina Faccennini	781	41	F	Forest	VA	10:26	32:34	32:09	10:23
123	Dashanna Bowling	433	23	F	Lynchburg	VA	10:02	33:11	32:16	10:25
124	Kelsey Fore	402	9	F	Madison Heights	VA	10:49	32:30	32:17	10:25
125	Mikayla Parlos	771	26	F	Lynchburg	VA	10:10	32:35	32:28	10:29
126	Lauren Martin	739	32	F	Lynchburg	VA	10:34	34:19	32:33	10:30
127	Colby Takacs	740	36	F	Lynchburg	VA	10:35	34:19	32:33	10:30
128	Beth Freeman	404	56	F	Monroe	VA	10:49	32:50	32:37	10:31
129	Camille Wilson	748	46	F	Madison Heights	VA	10:54	34:21	32:40	10:33
130	Donielle Tomlin	715	29	F	Madison Heights	VA	10:53	34:20	32:40	10:33
131	Wendy Golden	660	47	F	Madison Heights	VA	10:52	34:21	32:40	10:33
132	Tracey Burke	594	46	F	Concord	VA	10:01	33:44	32:42	10:33
133	Karly Mayhew	583	25	F	Lynchburg	VA	10:57	33:52	32:50	10:36
134	Piper Vandeperre	582	25	F	Lynchburg	VA	10:57	33:53	32:50	10:36
135	Geeta Rakheram	741	47	F	Lynchburg	VA	10:10	34:33	32:56	10:38
136	Natalia Griffis	466	15	F	Forest	VA	9:26	33:01	32:57	10:38
137	Maleah Tate	705	28	F	Amherst	VA	9:59	33:17	33:06	10:41
138	Stephanie Williams	698	28	F	Lynchburg	VA	10:00	33:17	33:07	10:41
139	Daryl Ann Miller	858	60	F	Lynchburg	VA	10:41	34:17	33:07	10:41
140	Wendy Nichols	773	37	F	Forest	VA	10:39	34:10	33:15	10:44
141	Octavia Davis	825	26	F	Lynchburg	VA	10:02	33:27	33:17	10:45
142	Meggen Horwatt	384	24	F	Lynchburg	VA	10:02	33:27	33:18	10:45
143	Jennifer Burchette	887	37	F	Madison Heights	VA	10:27	33:36	33:20	10:46
144	Melissa Patterson	614	21	F	Lynch Station	VA	9:12	33:31	33:23	10:46
145	Crystal Poulsen	503	29	F	Lynchburg	VA	9:58	33:27	33:23	10:47
146	Tara Venckus	510	26	F	Lynchburg	VA	10:49	34:12	33:26	10:47
147	Amy Guthrie	502	27	F	Lynchburg	VA	10:04	33:27	33:30	10:49
148	Abby Tomlin	790	12	F	Big Island	VA	9:21	33:38	33:31	10:49
149	Renee Scott	427	49	F	Gladstone	VA	11:05	34:48	33:43	10:53
150	Rachelle Guertin	579	23	F	Lynchburg	VA	11:04	34:13	33:43	10:53
151	Tyler Smith	879	28	F	Lynchburg	VA	9:34	33:50	33:46	10:54
152	Patricia Culp	932	49	F	Goode	VA	11:01	34:48	33:48	10:54
153	Sydnee Reed	425	60	F	Forest	VA	10:20	33:55	33:48	10:55
154	Amber Tordoff	249	24	F	Lynchburg	VA	10:19	34:13	33:50	10:55
155	Sherry Stone	374	45	F	Lynchburg	VA	10:38	34:58	33:52	10:56
156	Amy Martin	375	43	F	Lynchburg	VA	11:04	34:58	33:52	10:56
157	Jennifer Hudson	642	31	F	Lynchburg	VA	11:28	34:47	33:54	10:57
158	Gini Matz	813	31	F	Lynchburg	VA	10:37	34:44	33:55	10:57
159	Heather Snyder	933	26	F	Gretna	VA	10:12	34:21	33:58	10:58
160	Cheryl Simpson-Free	441	45	F	Spout Spring	VA	10:41	34:46	33:58	10:58
161	Madison Markham	824	13	F	Lynchburg	VA	9:58	34:07	33:59	10:58
162	Sarah Floyd	488	36	F	Amherst	VA	10:28	34:53	34:00	10:58
163	Ashley Rogers	659	29	F	Madison Heights	VA	10:25	34:13	34:00	10:59
164	Ashley Howard	885	24	F	Lynchburg	VA	9:48	35:11	34:01	10:59
165	Patricia Evans	888	25	F	Appomattox	VA	9:48	35:11	34:01	10:59
166	Kimberly Blake	564	34	F	Madison Heights	VA	10:48	34:20	34:02	10:59
167	Judy Varnadore	615	57	F	Lynch Station	VA		34:07	34:02	10:59
168	Madeline Clay	493	13	F	Forest	VA	11:29	34:58	34:02	10:59
169	Tiffany Sharp	521	26	F	Lynchburg	VA	10:27	34:19	34:02	10:59
170	Beth Wells	400	45	F	Lynchburg	VA	11:34	35:02	34:02	10:59
171	Emma Blake	565	8	F	Madison Heights	VA	10:50	34:20	34:03	10:59
172	Mary Wells Ramsey	593	70	F	Rustburg	VA	10:23	34:52	34:04	11:00
173	Lauren Wheless	654	47	F	Madison Heights	VA	10:52	35:52	34:11	11:02
174	Corinne Ware	453	51	F	Lynchburg	VA	11:21	34:44	34:11	11:02
175	Cindi Cole	841	55	F	Lynchburg	VA	10:49	34:15	34:13	11:03
176	Amanda Irvin	464	33	F	Madison Heights	VA	10:31	34:50	34:17	11:04
177	Valerie Tucker	868	38	F	Forest	VA	10:32	34:25	34:17	11:04
178	Karen Clay	491	43	F	Forest	VA	11:25	35:29	34:35	11:10

179	Quinlan Ayres	621	11	F	Lynchburg	VA	10:55	34:57	34:40	11:11
180	Courtney Mason	420	19	F	Concord	VA	10:33	34:48	34:45	11:13
181	Courtney Woody	845	38	F	Lynchburg	VA	11:04	35:11	34:55	11:16
182	Gail Copelan	620	66	F	Lynchburg	VA	11:00	35:14	34:56	11:17
183	Phyllis West	855	51	F	Lynchburg	VA	11:13	35:22	35:03	11:19
184	Kayla Wade	366	19	F	Lynchburg	VA	10:18	36:15	35:03	11:19
185	Jodi Tarlton	895	23	F	Lynchburg	VA	10:10	35:17	35:08	11:20
186	Susan Bryant	409	47	F	Amherst	VA	11:27	35:38	35:09	11:21
187	Katie Bunch	891	43	F	Amherst	VA	11:34	35:24	35:14	11:22
188	Karen Simonton	327	50	F	Lynchburg	VA	10:44	36:34	35:16	11:23
189	Sydni Jackson	337	46	F	Forest	VA	10:18	35:47	35:22	11:25
190	Joy Teague	403	30	F	Forest	VA	10:42	35:51	35:27	11:26
191	Virginia Robert	473	12	F	Lynchburg	VA	10:39	35:54	35:28	11:27
192	Angela Smoot	776	52	F	Lynchburg	VA	12:26	37:00	35:28	11:27
193	Angela Markham	823	46	F	Lynchburg	VA	10:57	35:43	35:36	11:30
194	Anna Civis	838	30	F	Forest	VA	12:20	36:16	35:44	11:32
195	Regina Schwabe	440	65	F	Pamplin	VA	11:02	36:41	35:58	11:37
196	Brenda Mason	419	49	F	Concord	VA	10:38	36:08	36:05	11:39
197	Sue Pfeiffer	925	65	F	Rustburg	VA	11:01	36:29	36:24	11:45
198	Leah Morrell	652	49	F	Forest	VA	11:16	36:46	36:24	11:45
199	Summer Sawyer	656	34	F	Lynchburg	VA	11:47	37:30	36:35	11:48
200	Alexis Chantal	476	35	F	Lynchburg	VA	11:49	37:31	36:36	11:49
201	Katie Page	477	30	F	Lynchburg	VA	11:49	37:30	36:36	11:49
202	Amanda Brooks	554	25	F	Lynchburg	VA	10:10	37:11	36:44	11:51
203	Laurie Grosvenor	624	50	F	Forest	VA	11:32	36:56	36:51	11:54
204	Chelsea Grosvenor	623	24	F	Forest	VA	11:35	36:56	36:51	11:54
205	Karen Creger	935	49	F	Forest	VA	11:20	37:24	36:54	11:55
206	Elizabeth Allen	417	49	F	Lynchburg	VA	11:37	37:04	36:59	11:56
207	Laura Robert	472	46	F	Lynchburg	VA	11:20	37:34	37:06	11:59
208	Rachel Hamby	928	10	F	Madison Heights	VA	10:58	37:39	37:22	12:04
209	Hannah Blake	566	10	F	Madison Heights	VA	10:59	37:40	37:24	12:04
210	Marissa Hibel	457	13	F	Forest	VA	11:29	38:20	37:24	12:04
211	Lois Tyree	684	52	F	Madison Heights	VA	11:25	38:26	37:26	12:05
212	Gussie Banks	731	46	F	Lynchburg	VA	11:28	37:42	37:35	12:08
213	Britney Smith	458	25	F	Bedford	VA	12:26	38:37	37:40	12:09
214	Stevie Wilkerson	893	22	F	Goode	VA	12:26	38:37	37:40	12:09
215	Kristen Woodford	456	43	F	Forest	VA	11:40	38:34	37:40	12:09
216	Cindy Webb	648	62	F	Lynchburg	VA	12:01	38:44	37:44	12:11
217	Kim Vandebogart	438	48	F	Lynchburg	VA	11:37	38:52	37:45	12:11
218	Janelle Bell	543	54	F	Madison Heights	VA	12:12	38:06	37:51	12:13
219	Megan Clay	492	17	F	Forest	VA	11:02	38:35	37:51	12:13
220	Melissa Busse	471	31	F	Lynchburg	VA	12:33	38:16	37:57	12:15
221	Catherine Robinson	446	47	F	Lynchburg	VA	11:25	38:06	37:58	12:15
222	Donna Miller	859	58	F	Lynchburg	VA	12:36	39:28	38:18	12:21
223	Elizabeth Plucker	475	9	F	Lynchburg	VA	10:40	38:55	38:29	12:25
224	Lisa Ray	714	47	F	Goode	VA	12:30	39:57	38:34	12:27
225	Dana Woody	922	36	F	Appomattox	VA	12:02	38:49	38:35	12:27
226	Jennifer Reynolds	782	42	F	Lynchburg	VA	11:38	39:07	38:38	12:28
227	Taylor Shaffer	795	23	F	Lynchburg	VA	12:28	39:23	38:40	12:29
228	Danielle Reynolds	796	21	F	Lynchburg	VA	12:29	39:23	38:40	12:29
229	Chelsey Dews	657	38	F	Forest	VA	13:10	39:43	38:40	12:29
230	Samantha James	919	36	F	Lynchburg	VA	12:30	39:23	38:40	12:29
231	Martha Cheatham	852	56	F	Lynchburg	VA	12:03	39:23	38:41	12:29
232	Shannon Knight	727	52	F	Madison Heights	VA	12:02	39:23	38:41	12:29
233	Karen Rudd	635	46	F	Lynchburg	VA	12:09	39:52	38:43	12:30
234	Madyson Sale	560	15	F	Madison Heights	VA	11:25	39:39	38:43	12:30
235	Nicole Plucker	474	44	F	Lynchburg	VA	11:19	39:19	38:51	12:32
236	Kelly Witt	907	37	F	Lynchburg	VA	11:41	39:22	38:51	12:32
237	Michelle Nichols	611	52	F	Forest	VA	12:26	39:22	38:52	12:32
238	Taylor Bradshaw	316	22	F	Franklin	VA	12:26	39:23	38:52	12:33
239	Donna Layne	850	54	F	Forest	VA	12:01	39:11	38:52	12:33
240	Erin Dragan	931	34	F	Lynchburg	VA	11:43	39:22	38:53	12:33

241	Tara Miller	487	30	F	Amherst	VA	12:07	39:46	38:53	12:33
242	Kristin Campbell	489	32	F	Forest	VA	12:07	39:46	38:53	12:33
243	Sallie Robertson	811	18	F	Amherst	VA	11:21	39:16	38:55	12:34
244	Kimberley Duff	810	40	F	Madison Heights	VA	11:22	39:16	38:55	12:34
245	Tracy Murry	758	46	F	Amherst	VA	12:25	39:36	38:57	12:34
246	Kaili Falwell	726	29	F	Lynchburg	VA	12:01	39:17	38:58	12:35
247	Lisa Heagy	632	46	F	Forest	VA	12:25	39:40	39:08	12:38
248	Dreama Lutz	851	47	F	Concord	VA	12:03	40:08	39:17	12:41
249	Janice Penn	549	66	F	Rustburg	VA	12:10	40:29	39:18	12:41
250	Janice Davis	697	41	F	Hurt	VA	12:07	40:16	39:19	12:41
251	Katie Martin	937	21	F	Lynchburg	VA	10:50	39:47	39:21	12:42
252	Rachael Clinton	936	21	F	Elburn	IL	10:49	39:47	39:21	12:42
253	Lisa Gunter	372	46	F	Rustburg	VA	12:17	40:32	39:25	12:43
254	Suzanne Kelly	761	28	F	Concord	VA	10:59	39:46	39:28	12:44
255	Any Huskin	833	44	F	Madison Heights	VA	12:35	39:44	39:31	12:45
256	Beverly D Martin	843	64	F	Forest	VA	12:35	39:45	39:32	12:45
257	Jessica Watts	755	28	F	Lynchburg	VA	10:02	40:28	39:32	12:46
258	Katie De La Cruz	519	28	F	Lynchburg	VA	11:27	39:48	39:37	12:47
259	Samantha Goff	356	28	F	Lynchburg	VA	12:17	39:52	39:39	12:48
260	Amy Sandidge	753	36	F	Lynchburg	VA	12:48	40:10	39:42	12:49
261	Katrina Easley	733	42	F	Gladys	VA	11:52	40:57	39:44	12:49
262	Angela Arthur	584	49	F	Forest	VA	12:40	40:32	40:05	12:56
263	Patricia Peters	561	47	F	Madison Heights	VA	13:48	40:38	40:16	13:00
264	Whittney Beverly	804	22	F	Gladys	VA	11:40	40:39	40:33	13:05
265	Sherry Thompson	754	36	F	Bedford	VA	12:56	41:39	40:41	13:08
266	Denise Trail	612	58	F	Lynchburg	VA	13:28	41:13	40:41	13:08
267	Evelynn Garcia	520	42	F	Lynchburg	VA	12:16	41:34	41:09	13:17
268	Diana Gooding	884	51	F	Lynchburg	VA	13:20	42:30	41:12	13:18
269	Tenisha Bridges	667	38	F	Lynchburg	VA	12:51	41:16	41:15	13:19
270	Brooklyn Henderson	963	5	F	Lynchburg	VA	11:06	41:28	41:22	13:21
271	Whitney Rose	587	40	F	Madison Heights	VA	13:30	42:40	41:24	13:21
272	Kristen Lancaster	926	24	F	Lynchburg	VA	13:05	42:24	41:28	13:23
273	Shannon Winstead	908	37	F	Forest	VA	13:15	42:39	41:39	13:26
274	Deborah Councell	848	55	F	Lynchburg	VA	15:34	43:16	41:48	13:29
275	Heidi Toler	646	52	F	Lynchburg	VA	15:35	43:16	41:49	13:30
276	Tracy Fanning	671	54	F	Lynchburg	VA	15:34	43:16	41:49	13:30
277	Dana Rieley	643	48	F	Rustburg	VA	14:01	43:16	41:49	13:30
278	Kim Held	644	55	F	Forest	VA	15:37	43:16	41:50	13:30
279	Deanna Aultice	463	45	F	Lynchburg	VA	14:03	43:15	41:51	13:30
280	Sarah Torres	506	32	F	Forest	VA	13:39	43:26	41:51	13:30
281	Rosalyn Williams	672	50	F	Lynchburg	VA	14:03	43:15	41:51	13:30
282	Stacy Ferrell	723	46	F	Rustburg	VA	12:28	42:14	41:54	13:31
283	Lindsey Perrow	724	21	F	Rustburg	VA	12:06	42:14	41:56	13:32
284	Leigh Ann Laneve	721	48	F	Forest	VA	14:19	42:47	41:57	13:32
285	Philmika Reid	820	30	F	Lynchburg	VA	15:14	43:39	42:02	13:34
286	Allison Nash	426	21	F	Evington	VA	12:22	42:36	42:09	13:36
287	Jennifer C Morris	398	43	F	Forest	VA	14:01	42:56	42:09	13:36
288	Jo Goins	431	67	F	Lynchburg	VA	14:02	42:56	42:10	13:36
289	Janet Kelley	505	65	F	Lynchburg	VA	13:36	43:49	42:11	13:37
290	Zeinab Mayagile	786	48	F	Lynchburg	VA	12:47	42:34	42:12	13:37
291	Stacey Garrett	123	41	F	Brookneal	VA	13:24	43:40	42:17	13:39
292	Nancy Reed	365	51	F	Forest	VA	14:13	42:41	42:18	13:39
293	Sallie Voth	363	63	F	Lynchburg	VA	14:13	42:41	42:18	13:39
294	Susan Elder	364	56	F	Forest	VA	14:13	42:41	42:18	13:39
295	Caroline Crow	410	70	F	Lynchburg	VA	13:35	42:55	42:30	13:43
296	Eva Johnson	604	63	F	Forest	VA	13:29	43:49	42:30	13:43
297	Sarah Dykstra	768	24	F	Forest	VA	11:46	42:39	42:39	13:46
298	Alyssa Tolley	314	25	F	Rustburg	VA	11:46	42:40	42:40	13:46
299	Kathrine Powell	556	52	F	Lynchburg	VA	12:50	43:45	42:42	13:47
300	Meagan Bell	769	28	F	Covington	VA	11:41	42:54	42:54	13:51
301	Elli Vaughan	892	11	F	Monroe	VA	11:41	42:55	42:55	13:51
302	Sandra Patterson	613	52	F	Lynch Station	VA	14:14	43:01	42:55	13:51

303	Michelle Short	602	31	F	Lynchburg	VA	13:45	44:19	42:56	13:51
304	Helen Cox	335	42	F	Madison Heights	VA	14:25	43:50	42:57	13:52
305	Jodi Monopoli	964	35	F	Madison Heights	VA	13:27	44:27	43:03	13:53
306	Corrie Hall	940	35	F	Forest	VA	14:23	44:17	43:07	13:55
307	Shani Inge	730	43	F	Goode	VA	14:23	44:17	43:07	13:55
308	Regina Case	361	59	F	Lynchburg	VA	12:50	43:48	43:12	13:56
309	Lavinna Ashwell	729	37	F	Evington	VA	12:56	43:30	43:19	13:59
310	Lisa Ebert	757	35	F	Forest	VA	12:55	43:30	43:19	13:59
311	Caymen Rexrode	590	18	F	Evington	VA	16:11	44:43	43:24	14:00
312	Shavonne Pannell	344	22	F	Bedford	VA	16:07	44:47	43:25	14:01
313	Lisa Stern	900	55	F	Madison Heights	VA	14:20	44:30	43:25	14:01
314	Melonee Dismond	704	46	F	Lynchburg	VA	14:04	44:33	43:29	14:02
315	Penny Wood	588	68	F	Madison Heights	VA	14:34	44:48	43:31	14:03
316	Katie Hamby	930	43	F	Madison Heights	VA	12:05	43:53	43:35	14:04
317	Kelly Gladden	629	38	F	Rustburg	VA	13:28	45:09	43:35	14:04
318	Theresa Clay	663	49	F	Forest	VA	15:17	45:18	43:42	14:06
319	Raven Rexrode	589	23	F	Lynchburg	VA	16:11	45:01	43:43	14:06
320	Ella Roark	662	55	F	Lynchburg	VA	15:19	45:18	43:43	14:06
321	Gail Rexrode	591	41	F	Evington	VA	16:11	45:04	43:45	14:07
322	Jessie Reavis	821	24	F	Lynchburg	VA	13:21	44:31	43:46	14:07
323	Billie Ware	921	48	F	Rustburg	VA	12:47	44:24	43:49	14:08
324	Carla Williams	901	57	F	Lynchburg	VA	14:33	45:22	43:50	14:09
325	Belinda Morris	734	53	F	Forest	VA	13:15	44:51	43:52	14:09
326	Jackie Bradshaw	696	52	F	Franklin	VA	13:39	44:27	43:54	14:10
327	Jamie Hall	141	29	F	Lynchburg	VA	12:49	44:30	43:55	14:10
328	Tammy Slade	408	47	F	Lynchburg	VA	14:26	45:31	43:55	14:10
329	Kathe Brown	407	46	F	Forest	VA	14:27	45:31	43:56	14:11
330	Brittany Evans	422	33	F	Lynchburg	VA	14:27	45:31	43:56	14:11
331	Cindy Tolle	353	55	F	Forest	VA	14:53	45:05	43:57	14:11
332	Tammy Case	360	33	F	Lynchburg	VA	12:54	44:34	43:58	14:11
333	Cathy Osborne	628	58	F	Lynchburg	VA	15:46	45:15	44:03	14:13
334	Jennifer Goumas	709	44	F	Forest	VA	14:26	44:43	44:09	14:15
335	Belinda Shorter	633	48	F	Appomattox	VA	14:28	44:45	44:11	14:15
336	Leslie Shaffer	634	32	F	Roanoke	VA	14:28	44:45	44:11	14:15
337	Lexi Adler	886	25	F	Lynchburg	VA	13:21	45:01	44:12	14:16
338	Faith Coles	711	50	F	Madison Heights	VA	14:50	45:46	44:17	14:17
339	Jessica Mays	712	24	F	Madison Heights	VA	14:51	45:47	44:18	14:18
340	Neisy Jones	516	54	F	Lynchburg	VA	14:17	45:13	44:29	14:21
341	Missy Millner	511	42	F	Lynchburg	VA	14:18	45:15	44:30	14:22
342	Hayley Newland	783	22	F	Lynchburg	VA	15:17	45:50	44:33	14:23
343	Laura Bruckner	485	16	F	Rustburg	VA	15:41	45:49	44:37	14:24
344	Jacqueline Britton	391	52	F	Lynchburg	VA	14:24	45:14	44:37	14:24
345	Alexis Klahn	483	16	F	Forest	VA	15:42	45:49	44:38	14:24
346	Amy Hatcher	839	31	F	Forest	VA	14:39	45:16	44:43	14:26
347	Kim Smith	702	55	F	Forest	VA	12:40	44:50	44:44	14:26
348	Mary Daniels	784	48	F	Lynchburg	VA	15:13	46:11	44:53	14:29
349	Kim Ayscue	785	53	F	Lynchburg	VA	15:13	46:11	44:54	14:29
350	Donna Minney	484	47	F	Rustburg	VA	15:39	46:07	44:54	14:29
351	Kim Klahn	482	46	F	Forest	VA	15:40	46:07	44:54	14:29
352	Cynthia Dougherty	677	52	F	Monroe	VA	13:39	45:01	44:59	14:31
353	Carol Hall	555	56	F	Lynchburg	VA	13:39	45:02	44:59	14:31
354	Sarah Harvey	608	35	F	Madison Heights	VA	13:58	45:30	45:07	14:34
355	Becky Herzog	496	51	F	Lynchburg	VA	14:26	45:59	45:10	14:34
356	Jenny Falls	447	34	F	Lynchburg	VA	14:42	49:26	45:24	14:39
357	Barbara Davis	766	54	F	Forest	VA	14:01	45:54	45:31	14:41
358	Summer Gray	567	35	F	Lynchburg	VA	14:02	45:54	45:31	14:41
359	Philicia Reid	688	27	F	Amherst	VA	15:17	47:06	45:31	14:41
360	Regina Younger	943	26	F	Bedford	VA	15:23	47:09	45:36	14:43
361	Rhonda Wormser	389	45	F	Lynchburg	VA	17:01	46:02	45:40	14:44
362	Ophelia Thomas	765	59	F	Forest	VA	14:11	45:58	45:43	14:45
363	Megan Hagerty	622	31	F	Forest	VA	14:46	46:23	45:45	14:46
364	Kristin Handy	673	29	F	Lynchburg	VA	14:46	46:23	45:45	14:46

365	Ayanna Allen	828	38	F	Madison Heights	VA	14:47	46:50	45:48	14:47
366	Rosetta Neblett	716	44	F	Madison Heights	VA	14:34	47:09	45:52	14:48
367	Tina Markham	423	55	F	Lynchburg	VA	14:41	46:15	45:53	14:48
368	Denise Watts	359	55	F	Forest	VA	14:41	46:15	45:53	14:48
369	Melinda Moore	942	29	F	Evington	VA	15:23	47:27	45:54	14:49
370	Rhonda Johnson	728	53	F	Forest	VA	15:53	46:47	46:00	14:51
371	Melanie Watson	863	35	F	Lynchburg	VA	15:17	46:45	46:04	14:52
372	Catherine Evans	352	50	F	Madison Heights	VA	14:56	47:11	46:06	14:52
373	Toni Overstreet	355	31	F	Madison Heights	VA	15:28	47:16	46:08	14:53
374	Heather Powell	354	29	F	Madison Heights	VA	15:29	47:16	46:09	14:53
375	Tamara Allen	756	51	F	Forest	VA	15:53	46:57	46:10	14:54
376	Cheryl A Todd	750	67	F	Lynchburg	VA	15:24	47:13	46:12	14:54
377	Catharine Kimble	536	63	F	Lynchburg	VA	15:50	46:50	46:13	14:55
378	Lakrisha Young	481	34	F	Lynchburg	VA	15:17	47:03	46:22	14:58
379	Dana Hawkins	655	31	F	Madison Heights	VA	15:18	47:03	46:22	14:58
380	Tiffany Harvey	559	34	F	Madison Heights	VA	13:55	46:56	46:29	15:00
381	Teresa Bersch	443	49	F	Lynchburg	VA	15:19	47:26	46:33	15:01
382	Sylvia Jacobs	445	62	F	Lynchburg	VA	15:19	47:26	46:33	15:01
383	Tammy Marshall	577	45	F	Rustburg	VA	14:51	46:42	46:33	15:01
384	Pam Crider	576	42	F	Rustburg	VA	14:52	46:42	46:34	15:02
385	McKenna Harvey	558	8	F	Madison Heights	VA	14:05	46:55	46:38	15:03
386	Claire McGuire	913	15	F	Lynchburg	VA	15:54	47:43	46:46	15:06
387	Theresa McGuire	449	46	F	Lynchburg	VA	15:53	47:45	46:47	15:06
388	Samantha Russell	460	28	F	Amherst	VA	15:58	47:53	46:52	15:07
389	Jill Collier	461	37	F	Altavista	VA	15:57	47:53	46:52	15:08
390	Kari Vess	880	38	F	Monroe	VA	16:02	47:51	46:57	15:09
391	Judy McCoy	332	54	F	Lynchburg	VA	15:54	47:54	46:57	15:09
392	Debra Gardner	743	56	F	Amherst	VA	16:03	47:50	46:57	15:09
393	Sarah Gavin	971	37	F	Forest	VA	16:20	48:51	46:58	15:09
394	Sherry Miles	371	53	F	Madison Heights	VA	15:32	47:50	46:58	15:09
395	Kim Breeden	700	45	F	Lynchburg	VA	15:02	47:55	46:59	15:10
396	Savannah Cook	530	29	F	Lynchburg	VA	14:53	47:51	47:08	15:12
397	Teresa Irving	703	56	F	Lynchburg	VA	15:34	47:58	47:08	15:13
398	Stacey St.Clair	533	37	F	Lynchburg	VA	14:53	47:51	47:08	15:13
399	Dana Cook	532	27	F	Lynchburg	VA	14:55	47:51	47:09	15:13
400	Brittany Smith	531	30	F	Lynchburg	VA	14:55	47:51	47:10	15:13
401	Shauna Simonton	678	14	F	Evington	VA	16:36	47:35	47:16	15:15
402	Annie Wagoner	428	43	F	Lynchburg	VA	15:22	48:43	47:21	15:17
403	Arleigh Wagoner	429	11	F	Lynchburg	VA	15:25	48:42	47:22	15:17
404	Ann Lewis	889	42	F	Lynchburg	VA	16:54	49:08	47:25	15:18
405	Kameshra White	822	39	F	Lynchburg	VA	16:53	49:10	47:26	15:18
406	Andrea Patillo	815	43	F	Madison Heights	VA	16:55	49:08	47:26	15:18
407	Kathleen Putnam	970	62	F	Lynchburg	VA	16:22	49:20	47:28	15:19
408	Lynette Brooks	414	55	F	Goode	VA	15:50	48:34	47:30	15:20
409	Carolyn Wagner	413	56	F	Forest	VA	15:50	48:34	47:31	15:20
410	Bethany Conner	515	25	F	Lynchburg	VA	15:59	48:29	47:40	15:23
411	Carla Ferguson	509	41	F	Lynchburg	VA	16:00	48:29	47:40	15:23
412	Elaine Clarke	691	78	F	Lynchburg	VA	16:09	48:04	47:49	15:26
413	Sylvia Hollandswort	938	62	F	Scottsburg	VA	15:35	49:52	48:01	15:30
414	Kacie Miller	911	33	F	Forest	VA	15:36	49:52	48:01	15:30
415	Lauren Mazur	808	10	F	Forest	VA	15:34	49:24	48:14	15:34
416	Allison Daniels	860	43	F	Gladys	VA	14:27	49:18	48:19	15:35
417	Jessica Tomlin	791	35	F	Big Island	VA	15:16	48:28	48:19	15:36
418	Sue Whitacre	736	60	F	Lynchburg	VA	15:16	48:29	48:19	15:36
419	Nilda Linkenhoker	793	50	F	Lynchburg	VA	16:09	48:43	48:19	15:36
420	Patricia Petzing	745	46	F	Lynchburg	VA	14:40	48:38	48:24	15:37
421	Deanna Storey	876	52	F	Lynchburg	VA	15:21	50:00	48:26	15:38
422	Beverly Mahoney	545	67	F	Lynchburg	VA	15:49	49:09	48:31	15:39
423	Jennifer Samson	333	40	F	Huddleston	VA	15:27	49:10	48:31	15:39
424	Reva Banks	878	61	F	Lynchburg	VA	16:05	49:32	48:32	15:40
425	Sara Holcomb	387	30	F	Lynchburg	VA	16:21	50:08	48:38	15:42
426	Freedra Manley	388	59	F	Lynchburg	VA	16:21	50:08	48:38	15:42

427	Laura Chasson	636	29	F	Bedford	VA	15:30	50:25	48:38	15:42
428	Shana Sayers	392	47	F	Bedford	VA	16:30	50:21	48:39	15:42
429	Vicky Rosser	562	58	F	Rustburg	VA	16:39	50:21	48:40	15:42
430	Jennifer Simonton	676	40	F	Evington	VA	16:37	49:01	48:43	15:43
431	Karri Wade	348	38	F	Rustburg	VA	16:05	50:00	48:44	15:44
432	April Lukowski	495	35	F	Rustburg	VA	16:05	50:00	48:45	15:44
433	Wanda McCoy	605	65	F	Lynchburg	VA	15:57	49:45	48:54	15:47
434	Yolanda Bates	537	56	F	Madison Heights	VA	15:57	49:45	48:54	15:47
435	Blondell Jackson	547	58	F	Evington	VA	15:55	50:25	48:56	15:47
436	Sarah Jackson	548	52	F	Madison Hgts.	VA	15:57	50:24	48:57	15:48
437	Gwendolyn Scott	550	64	F	Lynchburg	VA	15:56	50:26	48:57	15:48
438	Phoebe Knight	779	56	F	Forest	VA	15:58	49:34	48:58	15:48
439	Claire Ickes	799	66	F	Lynchburg	VA	15:38	49:12	49:01	15:49
440	Mary Anne Mills	770	66	F	Lynchburg	VA	15:37	49:12	49:01	15:49
441	Brandy Marcum	844	35	F	Evington	VA	15:10	49:18	49:02	15:49
442	Vicky Overstreet	617	52	F	Lynchburg	VA	16:43	50:22	49:10	15:52
443	Amy Snead	618	42	F	Lynchburg	VA	16:44	50:21	49:11	15:52
444	Debbie Meade	789	58	F	Forest	VA	15:57	49:59	49:12	15:53
445	Jane Bankovich	854	54	F	Lynchburg	VA	15:56	50:02	49:15	15:53
446	Marcia Catalano	454	67	F	Lynchburg	VA	16:09	49:36	49:17	15:54
447	Stacie Williams	974	44	F	Lynchburg	VA	16:30	50:51	49:18	15:55
448	Rose Warren	455	70	F	Lynchburg	VA	16:08	49:44	49:24	15:57
449	Kim Morcom	689	53	F	Monroe	VA	16:33	50:37	49:30	15:58
450	Andrea Wood	444	47	F	Lynchburg	VA	16:18	50:32	49:33	15:59
451	Michelle Mazur	809	44	F	Forest	VA	15:42	50:47	49:37	16:01
452	Tiffany Sprinkle	151	22	F	Madison Heights	VA	16:34	50:55	49:48	16:04
453	Eddie Gibbs	320	59	F	Lynchburgl	VA	16:30	50:43	49:57	16:07
454	Cathy Hoare	544	63	F	Forest	VA	15:51	50:39	50:00	16:08
455	Linda Tuck	722	68	F	Lynchburg	VA	16:27	50:22	50:00	16:08
456	Deb Hiller	631	64	F	Lynchburg	VA	15:52	50:39	50:02	16:09
457	Brittany Rogers	512	23	F	Lynchburg	VA	16:15	50:53	50:07	16:10
458	Joanna Panzarino	338	65	F	Madison Heights	VA	16:11	51:31	50:11	16:12
459	Renata Mistretta	21	58	F	Forest	VA	16:12	51:31	50:12	16:12
460	Barbie Hayes	325	39	F	Spout Spring	VA	16:13	51:31	50:13	16:12
461	Debbie Gallier	362	55	F	Lynchburg	VA	16:09	50:39	50:13	16:12
462	Kelly Barker	336	30	F	Hurt	VA	16:09	50:39	50:14	16:13
463	Rebecca Cheatham	924	63	F	Evington	VA	16:29	51:23	50:19	16:14
464	Beth Magenbauer	923	39	F	Forest	VA	16:29	51:23	50:19	16:14
465	Kim Steuart	630	39	F	Forest	VA	16:41	51:54	50:20	16:15
466	Shamecka Gilmore	846	34	F	Lynchburg	VA	16:33	52:01	50:20	16:15
467	Josie Spear	49	25	F	Forest	VA	16:40	50:40	50:23	16:15
468	Shannan Hester	339	28	F	Lynchburg	VA	16:40	50:40	50:23	16:15
469	Betty Nance	340	46	F	Huddleston	VA	16:41	50:41	50:25	16:16
470	Gloria Ferguson	898	59	F	70	VA	16:14	50:59	50:33	16:19
471	Lynn Layne	518	56	F	Lynchburg	VA	16:15	51:22	50:35	16:19
472	Amy Hancock	522	26	F	Lynchburg	VA	16:16	51:22	50:37	16:20
473	Vivian Rhodes	819	60	F	Evington	VA	16:15	51:05	50:38	16:20
474	Betty Franklin	546	54	F	Lynchburg	VA	16:33	52:15	50:45	16:23
475	Jill Torrence	379	46	F	Lynchburg	VA	16:50	52:24	50:47	16:23
476	Carla Stanley	378	48	F	Rustburg	VA	16:50	52:24	50:47	16:23
477	Rosa Baker	448	60	F	Lynchburg	VA	16:15	50:58	50:52	16:25
478	Danetta Elliott	329	46	F	Concord	VA	16:53	51:32	51:03	16:28
479	Amanda Overtin	767	28	F	Lynchburg	VA	15:25	1:09:06	51:05	16:29
480	Anne Marie Caylor	76	61	F	Lynchburg	VA	15:38	1:09:06	51:05	16:29
481	Christy Dunn	369	22	F	Lynchburg	VA	17:27	52:29	51:08	16:30
482	Sandy Schaible	368	49	F	Lynchburg	VA	17:27	52:29	51:08	16:30
483	Debbie Faris	494	43	F	Forest	VA	15:51	52:07	51:14	16:32
484	Heather Jamerson	669	43	F	Madison Heights	VA	16:52	52:22	51:16	16:33
485	Kristen Davis	949	33	F	Evington	VA	16:52	52:23	51:16	16:33
486	Teresa Webber	668	43	F	Madison Heights	VA	16:51	52:23	51:16	16:33
487	Haley Lewis	706	36	F	Rustburg	VA	16:35	52:06	51:26	16:36
488	Courtney Holley	674	32	F	Rustburg	VA	16:35	52:05	51:26	16:36

489	Jessica Dalton	675	34	F	Rustburg	VA	16:36	52:05	51:27	16:36
490	Lauren Ramsey	319	28	F	Forest	VA	16:36	52:26	51:40	16:40
491	Sheila Moore	412	57	F	Gladstone	VA	16:08	51:56	51:41	16:41
492	Holly Wilson	598	48	F	Arrington	VA	17:18	52:55	51:42	16:41
493	Linda Lacroix	599	55	F	Arrington	VA	17:22	52:55	51:42	16:41
494	April Denny	541	41	F	Concord	VA	17:21	52:59	51:45	16:42
495	Chryl Scott	540	52	F	Lynchburg	VA	17:20	52:59	51:45	16:42
496	Mae Drinkard	699	70	F	Rustburg	VA	16:39	52:22	51:48	16:43
497	Danielle Sarchet	906	30	F	Lynchburg	VA	16:39	52:23	51:49	16:43
498	Katelyn Brack	462	18	F	Woodstock	GA	16:40	52:22	51:49	16:43
499	Stephanie Williamso	792	28	F	Altavista	VA	17:22	52:15	51:51	16:44
500	Jennifer Major	749	35	F	Lynchburg	VA	15:02	52:26	51:54	16:45
501	Marisa Banke	812	32	F	Goode	VA	15:03	52:26	51:55	16:45
502	Tiffany Wood	694	32	F	Thaxton	VA	17:21	57:22	52:03	16:48
503	Tamika Stamps	934	36	F	Lynchburg	VA	17:27	54:33	52:54	17:04
504	Brooke Elliott	818	36	F	Gladys	VA	17:43	54:37	52:58	17:05
505	Cindy Pender	941	37	F	Forest	VA	16:39	54:25	53:01	17:06
506	Lucy Buckley	912	33	F	Evington	VA	16:40	54:25	53:01	17:06
507	Evelyn Dunbar Webb	738	61	F	Lynchburg	VA	17:37	54:37	53:01	17:07
508	Tracy Tyree	780	49	F	Rustburg	VA	17:42	54:41	53:02	17:07
509	Beth Anderson	832	48	F	Rustburg	VA	17:42	54:42	53:02	17:07
510	Savana Zimmerman	869	12	F	Lynchburg	VA	17:31	54:38	53:02	17:07
511	Jenianne Holzhauser	737	41	F	Lynchburg	VA	17:31	54:38	53:03	17:07
512	Joy Barber	955	42	F	Evington	VA	17:31	54:37	53:03	17:07
513	Mackenzie Fanney	957	16	F	Evington	VA	17:32	54:37	53:03	17:07
514	Kaitlyn Barber	956	15	F	Evington	VA	17:32	54:36	53:04	17:07
515	Jennifer Maddox	976	43	F	Amherst	VA	17:32	54:38	53:05	17:08
516	Laura Sipple	939	40	F	Lynchburg	VA	17:32	54:33	53:05	17:08
517	Rachelle Nowacki	707	45	F	Forest	VA	16:45	53:42	53:07	17:08
518	Lisa Taylor	708	51	F	Forest	VA	16:45	53:42	53:07	17:08
519	Neina Davis	951	52	F	Lyn	VA	16:22	53:33	53:09	17:09
520	Becky Bergin	973	55	F	Lynhburg	VA	17:12	53:27	53:10	17:09
521	Diane Pratt	640	57	F	Forest	VA	16:40	54:15	53:13	17:10
522	Jennifer Willis	948	43	F	Lynchburg	VA	17:36	54:41	53:13	17:10
523	Deidre Austin	953	39	F	Lynchburg	VA	17:13	54:31	53:30	17:16
524	Monica Davis	346	48	F	Lynchburg	VA	18:11	55:11	53:40	17:19
525	Kelcy Hubbard	665	24	F	Lynchburg	VA	17:38	54:32	53:43	17:20
526	Raudy Santana	666	36	F	Forest	VA	17:38	54:32	53:43	17:20
527	Marquita Scott	324	31	F	Madison Heights	VA	17:29	55:22	53:59	17:25
528	Shawna Clark	323	27	F	Forest	VA	17:29	55:22	54:00	17:25
529	Donna Bryant	479	60	F	Madison Heights	VA	17:52	55:46	54:01	17:26
530	Ellen Saunders	480	64	F	Madison Heights	VA	17:53	55:46	54:02	17:26
531	Martha Brooks	557	62	F	Madison Heights	VA	17:55	55:46	54:02	17:26
532	Beverly Burchett	478	65	F	Madison Heights	VA	17:55	55:46	54:03	17:26
533	Sheila Harvey	450	62	F	Madison Heights	VA	17:56	55:46	54:04	17:27
534	Celia Hudnall	563	57	F	Rustburg	VA	17:56	55:46	54:04	17:27
535	Michelle Wade	367	40	F	Lynchburg	VA	17:47	55:28	54:12	17:29
536	Penny Wallace	827	51	F	Rustburg	VA	17:47	55:28	54:12	17:29
537	Ronni McCombie	772	57	F	Lynchburg	VA	17:01	54:40	54:18	17:31
538	Avianna Cicilese	904	15	F	Charlottesville	VA	17:46	55:05	54:21	17:32
539	Stephanie Onusko	903	31	F	Charlottesville	VA	17:48	55:05	54:23	17:33
540	Isabel Perry	442	15	F	Lynchburg	VA	17:37	55:50	54:23	17:33
541	Joyce Perry	500	50	F	Lynchburg	VA	17:36	55:50	54:24	17:33
542	Valerie Regan	862	45	F	Gladys	VA	17:29	55:44	54:29	17:35
543	Cathy Daniels	861	57	F	Lynchburg	VA	17:29	55:46	54:30	17:35
544	Harriet Croner	917	59	F	Pamlin	VA	17:04	54:41	54:33	17:36
545	Michele Baker	382	43	F	Forest	VA	18:00	56:01	54:36	17:37
546	Hope Watts	381	28	F	Sneads Ferry	NC		56:06	54:40	17:38
547	Debra Watts	68	60	F	Lynchburg	VA		56:06	54:40	17:38
548	Lezley Scott	978	50	F	Lynchburg	VA	18:02	56:05	54:41	17:39
549	Vicshauna Douglas	370	24	F	Madison Heights	VA	17:25	55:47	54:48	17:41
550	Jennifer Walls	434	42	F	Lynchburg	VA	17:26	55:47	54:49	17:41

551	Shannon Snead	490	34	F	Lynchburg	VA	17:34	55:48	54:49	17:41
552	Carla Groff	692	53	F	Bedford	VA	20:16	57:22	54:59	17:44
553	Katie Hensley	347	25	F	Bedford	VA	18:23	56:07	55:00	17:45
554	Sara Davies	245	27	F	Lynchburg	VA	18:24	56:07	55:01	17:45
555	Sarah Smyczynski	899	29	F	Lynchburg	VA	17:42	56:39	55:08	17:47
556	Whitney Ferguson	386	27	F	Madison Heights	VA	18:44	56:00	55:08	17:47
557	Sheila Dyson	377	51	F	Blairs	VA	17:34	56:18	55:09	17:48
558	Tracy Ferguson	385	56	F	Madison Heights	VA	18:44	56:01	55:10	17:48
559	Kim Sarver	376	35	F	Roanoke	VA	17:34	56:18	55:10	17:48
560	Brenda Tanner	777	61	F	Locust Dale	VA	17:20	56:12	55:21	17:52
561	Michele Mason	778	30	F	Brookneal	VA	17:21	56:12	55:22	17:52
562	Margaret Hall	574	43	F	Gladys	VA	15:53	55:32	55:23	17:52
563	Monyca Boone	575	43	F	Hurt	VA	14:50	55:32	55:23	17:52
564	Dana Proffitt	393	56	F	Madison Heights	VA	17:22	56:11	55:25	17:53
565	Taunya Bryant	847	37	F	Lynchburg	VA	17:41	56:23	55:31	17:55
566	April Murphy	585	40	F	Huddleston	VA	17:31	56:25	55:34	17:56
567	Hannah Adkins	601	13	F	Huddleston	VA	17:31	56:25	55:34	17:56
568	Jennifer Maul	452	34	F	Lynchburg	VA	18:24	56:31	55:51	18:01
569	Heather Childress	451	43	F	Lynchburg	VA	18:24	56:31	55:51	18:01
570	Rachel Espinosa	762	32	F	Lynchburg	VA	18:27	57:31	55:53	18:02
571	Sarah Mandel	883	29	F	South Boston	VA	18:27	57:32	55:53	18:02
572	Karen Mandel	882	58	F	Lynchburg	VA	18:28	57:31	55:53	18:02
573	Rebekah Sidotti	763	36	F	South Boston	VA	18:30	57:31	55:54	18:02
574	Bonnie Overstreet	695	53	F	Evington	VA	17:44	1:01:19	56:00	18:04
575	Djelna Legagneur	929	41	F	Lynchburg	VA	17:15	57:47	56:04	18:06
576	Sharie Anthony	890	30	F	Forest	VA	17:16	57:47	56:05	18:06
577	Leslie Nowlin	918	55	F	Rustburg	VA	18:29	56:33	56:12	18:08
578	Megan Martin	927	21	F	Amherst	VA	19:23	58:10	56:48	18:20
579	Jasmine Ray	328	23	F	Bedford	VA	19:23	58:10	56:48	18:20
580	Debra Martin	534	52	F	Appomattox	VA	18:21	58:29	56:58	18:23
581	Mary Mays	690	27	F	Amherst	VA	17:20	58:07	56:59	18:23
582	Keri Whorley	237	31	F	Madison Heights	VA	20:15	58:35	57:15	18:28
583	Monika Hackney	331	33	F	Lynchburg	VA	19:19	58:24	57:28	18:33
584	Jennifer Johnson	330	41	F	Lynchburg	VA	19:19	58:23	57:28	18:33
585	Sara Crews	115	40	F	Hurt	VA	19:19	58:24	57:29	18:33
586	Carol Lee	870	28	F	Forest	VA	20:26	59:43	58:09	18:46
587	Tamara Smith	430	43	F	Lynchburg	VA	18:32	59:31	58:09	18:46
588	Debra Maddox	871	50	F	Forest	VA	20:26	59:44	58:10	18:46
589	Kerri Bond	965	31	F	Sweet Briar	VA	18:04	1:00:25	58:40	18:56
590	Cheryl Brown	390	48	F	Lynchburg	VA	18:53	1:00:57	59:20	19:09
591	Ashleigh Perrigan	975	21	F	Spout Spring	VA	19:08	1:01:07	59:27	19:11
592	Ashley Hall	977	28	F	Altavista	VA	19:08	1:01:07	59:28	19:11
593	Casey Driskill	342	27	F	Rustburg	VA	20:10	1:00:58	59:37	19:14
594	Sylvia Clark	341	42	F	Forest	VA	20:10	1:01:00	59:39	19:15
595	Stephanie Dunn	606	22	F	Lynchburg	VA	18:54	1:01:00	59:53	19:19
596	Brittany Mayberry	317	22	F	Spout Spring	VA	18:29	1:01:00	59:55	19:20
597	Elizabeth Mawyer	607	30	F	Amherst	VA	18:25	1:01:31	1:00:22	19:29
598	Jessie Winston	981	24	F	Evington	VA	19:32	1:00:56	1:00:25	19:30
599	Ashley Kelly	195	26	F	Appomattox	VA	19:33	1:00:56	1:00:25	19:30
600	Sindria Gray	334	34	F	Lynchburg	VA	20:04	1:02:01	1:00:30	19:31
601	Wanda Goodrich	751	60	F	Lynchburg	VA	19:29	1:01:48	1:00:32	19:32
602	Lisa Best	349	45	F	Lynchburg	VA	19:49	1:02:51	1:01:01	19:41
603	Robin Droog	947	44	F	Lynchburg	VA	19:50	1:02:52	1:01:02	19:42
604	Stephanie Johnson	318	40	F	Madsion Heights	VA	19:54	1:02:20	1:01:09	19:44
605	Jennifer Tate	343	43	F	Lynchburg	VA	20:14	1:02:54	1:01:34	19:52
606	Krystal Clark	47	29	F	Monroe	VA	20:19	1:02:56	1:01:36	19:53
607	Lindsay Beebe	345	32	F	Lynchburg	VA	20:19	1:02:56	1:01:36	19:53
608	Cynthia Morris	326	32	F	Madison Heights	VA	20:19	1:02:56	1:01:37	19:53
609	Courtney Ellis	198	23	F	Appomattox	VA	18:57	1:02:56	1:01:52	19:58
610	Heather Welcher	966	40	F	Lynchburg	VA	20:10	1:02:52	1:01:53	19:58
611	Kathryn Graham	967	52	F	Lynchburg	VA	20:10	1:02:53	1:01:54	19:58
612	Tiffany McGann	952	44	F	Lynchburg	VA	19:47	1:03:56	1:02:06	20:02

613	Sue Wood	866	65	F	Goode	VA	21:16	1:06:52	1:05:03	20:59
614	Cindy Crance	735	62	F	Lexington	VA	21:15	1:06:54	1:05:05	21:00
615	Christina Bales	527	24	F	Charles Town	WV	20:23	1:06:08	1:05:18	21:04
616	Ashley Sutphin	526	25	F	Rustburg	VA	20:39	1:06:08	1:05:18	21:04
617	Allison Reid	528	20	F	Charles Town	WV	20:27	1:06:08	1:05:20	21:05
618	Ann Reid	529	70	F	Rustburg	VA	20:44	1:06:08	1:05:20	21:05
619	Wendy Reid	525	43	F	Rustburg	VA	20:45	1:06:08	1:05:20	21:05
620	Carla Lentz-Bales	842	57	F	Rustburg	VA	20:43	1:06:08	1:05:21	21:05
621	Opal Corell	580	40	F	Forest	VA	21:29	1:07:53	1:06:25	21:26
622	Vickie Moore	581	59	F	Forest	VA	21:30	1:07:54	1:06:26	21:26
623	Belinda Bowman	321	47	F	Lynchburg	VA	21:43	1:09:11	1:07:45	21:52
624	Sarah Bowman	717	27	F	Forest	VA	21:45	1:09:16	1:07:52	21:54
625	Echo Young	834	28	F	Lynchburg	VA	21:43	1:09:18	1:07:52	21:54

11th Annual I AM WOMAN 5K RUN & WALK
 Lynchburg, VA October 31, 2015 8:00am
 Sunny, 39 degrees

***** AWARDS LIST *****

***** FEMALE 5k RUN OVERALL AWARDS*****

Place	Name	Ag	City	St	Gun	Chip	Pace
1	Brooke Manion	16	Amherst	VA	19:38	19:38	6:20
2	Chelsie Viar	35	Lynchburg	VA	21:28	21:27	6:55
3	Julia Hendricksen	41	Lynchburg	VA	21:32	21:32	6:57

***** FEMALE MASTERS RUN OVERALL AWARDS*****

Place	Name	Ag	City	St	Gun	Chip	Pace
1	Agata Griffis	46	Forest	VA	23:45	23:42	7:39
2	Cindi Perry	47	Lynchburg	VA	24:12	24:03	7:46
3	Lorrie Brunet	50	Lynchburg	VA	24:19	24:14	7:49

FEMALE AGE GROUP: 1 - 12

1	16	Berkley Jamerson	10	Appomattox	VA	25:23	25:09
2	19	Addie Ewers	12	Lynchburg	VA	25:23	25:20
3	22	Molly Pratt	11	Forest	VA	25:33	25:33
4	91	Malanie Myaing	11	Lynchburg	VA	32:27	30:50
5	98	Elora Burchette	11	Madison Heights	VA	31:31	31:16
6	103	Marissa McReynolds	12	Forest	VA	31:19	31:17
7	116	Sadie Harvey	8	Madison Heights	VA	32:22	32:04
8	118	Lacey Campbell	10	Madison Heights	VA	32:22	32:07
9	124	Kelsey Fore	9	Madison Heights	VA	32:30	32:17
10	148	Abby Tomlin	12	Big Island	VA	33:38	33:31
11	171	Emma Blake	8	Madison Heights	VA	34:20	34:03
12	179	Quinlan Ayres	11	Lynchburg	VA	34:57	34:40
13	191	Virginia Robert	12	Lynchburg	VA	35:54	35:28
14	208	Rachel Hamby	10	Madison Heights	VA	37:39	37:22
15	209	Hannah Blake	10	Madison Heights	VA	37:40	37:24
16	223	Elizabeth Plucker	9	Lynchburg	VA	38:55	38:29
17	270	Brooklyn Henderson	5	Lynchburg	VA	41:28	41:22
18	301	Elli Vaughan	11	Monroe	VA	42:55	42:55
19	385	McKenna Harvey	8	Madison Heights	VA	46:55	46:38
20	403	Arleigh Wagoner	11	Lynchburg	VA	48:42	47:22
21	415	Lauren Mazur	10	Forest	VA	49:24	48:14
22	510	Savana Zimmerman	12	Lynchburg	VA	54:38	53:02

FEMALE AGE GROUP: 13 - 17

1	4	Ashley Laneve	13	Forest	VA	21:37	21:37
2	5	Caroline Thomas	14	Lynchburg	VA	21:58	21:58
3	7	Christen Thomas	13	Lynchburg	VA	23:37	23:37
4	10	Esther Perry	15	Lynchburg	VA	24:23	24:13
5	31	MacKenzie Allen	14	Lynchburg	VA	27:03	27:00
6	33	Caroline Branham	13	Madison Heights	VA	27:48	27:14
7	63	Lydia Norman	16	Goode	VA	30:07	29:11
8	97	Kennedy Campbell	14	Madison Heights	VA	31:29	31:14
9	136	Natalia Griffis	15	Forest	VA	33:01	32:57
10	161	Madison Markham	13	Lynchburg	VA	34:07	33:59
11	168	Madeline Clay	13	Forest	VA	34:58	34:02
12	210	Marissa Hibel	13	Forest	VA	38:20	37:24
13	219	Megan Clay	17	Forest	VA	38:35	37:51
14	234	Madyson Sale	15	Madison Heights	VA	39:39	38:43
15	343	Laura Bruckner	16	Rustburg	VA	45:49	44:37
16	345	Alexis Klahn	16	Forest	VA	45:49	44:38
17	386	Claire McGuire	15	Lynchburg	VA	47:43	46:46
18	401	Shauna Simonton	14	Evington	VA	47:35	47:16
19	513	Mackenzie Fanney	16	Evington	VA	54:37	53:03
20	514	Kaitlyn Barber	15	Evington	VA	54:36	53:04
21	538	Avianna Cicilese	15	Charlottesville	VA	55:05	54:21
22	540	Isabel Perry	15	Lynchburg	VA	55:50	54:23
23	567	Hannah Adkins	13	Huddleston	VA	56:25	55:34

FEMALE AGE GROUP: 18 - 24

1	13	Amanda Velez	24	Lynchburg	VA	24:23	24:17
2	18	Faith Perry	18	Lynchburg	VA	25:24	25:14
3	28	Leah Jones	22	Lynchburg	VA	26:48	26:41
4	35	Megan Johnson	22	Lynchburg	VA	27:19	27:16
5	45	Regan Morris	21	Lynchburg	VA	27:58	27:49
6	46	Andrea Mawyer	23	Lynchburg	VA	28:17	27:52
7	57	Heather Anderson	21	Lynchburg	VA	29:29	28:49
8	58	Kathryn Hatch	24	Lynchburg	VA	29:29	28:50
9	59	Brooke Anderson	24	Lynchburg	VA	29:31	28:51
10	123	Dashanna Bowling	23	Lynchburg	VA	33:11	32:16
11	142	Meggen Horwatt	24	Lynchburg	VA	33:27	33:18
12	144	Melissa Patterson	21	Lynch Station	VA	33:31	33:23
13	150	Rachelle Guertin	23	Lynchburg	VA	34:13	33:43
14	154	Amber Tordoff	24	Lynchburg	VA	34:13	33:50
15	164	Ashley Howard	24	Lynchburg	VA	35:11	34:01
16	180	Courtney Mason	19	Concord	VA	34:48	34:45
17	184	Kayla Wade	19	Lynchburg	VA	36:15	35:03
18	185	Jodi Tarlton	23	Lynchburg	VA	35:17	35:08
19	204	Chelsea Grosvenor	24	Forest	VA	36:56	36:51
20	214	Stevie Wilkerson	22	Goode	VA	38:37	37:40
21	227	Taylor Shaffer	23	Lynchburg	VA	39:23	38:40
22	228	Danielle Reynolds	21	Lynchburg	VA	39:23	38:40
23	238	Taylor Bradshaw	22	Franklin	VA	39:23	38:52
24	243	Sallie Robertson	18	Amherst	VA	39:16	38:55
25	251	Katie Martin	21	Lynchburg	VA	39:47	39:21
26	252	Rachael Clinton	21	Elburn	IL	39:47	39:21
27	264	Whittney Beverly	22	Gladys	VA	40:39	40:33
28	272	Kristen Lancaster	24	Lynchburg	VA	42:24	41:28
29	283	Lindsey Perrow	21	Rustburg	VA	42:14	41:56
30	286	Allison Nash	21	Evington	VA	42:36	42:09
31	297	Sarah Dykstra	24	Forest	VA	42:39	42:39
32	311	Caymen Rexrode	18	Evington	VA	44:43	43:24
33	312	Shavonne Pannell	22	Bedford	VA	44:47	43:25
34	319	Raven Rexrode	23	Lynchburg	VA	45:01	43:43
35	322	Jessie Reavis	24	Lynchburg	VA	44:31	43:46

36	339	Jessica Mays	24	Madison Heights	VA	45:47	44:18
37	342	Hayley Newland	22	Lynchburg	VA	45:50	44:33
38	452	Tiffany Sprinkle	22	Madison Heights	VA	50:55	49:48
39	457	Brittany Rogers	23	Lynchburg	VA	50:53	50:07
40	481	Christy Dunn	22	Lynchburg	VA	52:29	51:08
41	498	Katelyn Brack	18	Woodstock	GA	52:22	51:49
42	525	Kelcy Hubbard	24	Lynchburg	VA	54:32	53:43
43	549	Vicshauna Douglas	24	Madison Heights	VA	55:47	54:48
44	578	Megan Martin	21	Amherst	VA	58:10	56:48
45	579	Jasmine Ray	23	Bedford	VA	58:10	56:48
46	591	Ashleigh Perrigan	21	Spout Spring	VA	1:01:07	59:27
47	595	Stephanie Dunn	22	Lynchburg	VA	1:01:00	59:53
48	596	Brittany Mayberry	22	Spout Spring	VA	1:01:00	59:55
49	598	Jessie Winston	24	Evington	VA	1:00:56	1:00:25
50	609	Courtney Ellis	23	Appomattox	VA	1:02:56	1:01:52
51	615	Christina Bales	24	Charles Town	WV	1:06:08	1:05:18
52	617	Allison Reid	20	Charles Town	WV	1:06:08	1:05:20

FEMALE AGE GROUP: 25 - 29

1	6	Holly Knight	29	Forest	VA	22:00	22:00
2	17	Meghan Toler	29	Forest	VA	25:09	25:09
3	23	Julianna Acevedo	29	Forest	VA	25:48	25:37
4	24	Lauren Keesee	28	Altavista	VA	25:50	25:44
5	25	Diana Hart	27	Lynchburg	VA	25:51	25:47
6	29	Tessa Quesenberry	28	Lynchburg	VA	26:51	26:42
7	36	Mandi Grosvenor	26	Forest	VA	27:25	27:21
8	41	Elizabeth Humphrey	27	Madison Heights	VA	28:22	27:44
9	47	Nicole Jordan	26	Amherst	VA	28:00	27:53
10	51	Christina Ruiz	25	Lynchburg	VA	28:09	28:03
11	53	Jocelyn Toews	25	Lynchburg	VA	28:43	28:13
12	54	Caitlyn Lee	28	Lynchburg	VA	28:44	28:13
13	60	Jessica Brown	27	Lynchburg	VA	28:57	28:52
14	84	Amanda Hahn	25	Lynchburg	VA	30:56	30:30
15	85	Caitlin Belardinell	25	Lynchburg	VA	30:47	30:31
16	88	Heather Parks	29	Lynchburg	VA	31:08	30:39
17	94	Renea Milam	29	Gretna	VA	31:20	30:57
18	96	Jordan Sparnroft	25	Appomattox	VA	31:24	31:08
19	106	Patricia Herbert	26	Lynchburg	VA	31:32	31:27
20	107	Ana Shepherd	26	Lynchburg	VA	31:33	31:28
21	112	Calli Anderson	28	Forest	VA	31:55	31:43
22	113	Brittany Proffitt	27	Madison Heights	VA	32:38	31:54
23	115	Brittany Kyper	25	Lynchburg	VA	32:38	32:00
24	125	Mikayla Parlos	26	Lynchburg	VA	32:35	32:28
25	130	Donielle Tomlin	29	Madison Heights	VA	34:20	32:40
26	133	Karly Mayhew	25	Lynchburg	VA	33:52	32:50
27	134	Piper Vandeperre	25	Lynchburg	VA	33:53	32:50
28	137	Maleah Tate	28	Amherst	VA	33:17	33:06
29	138	Stephanie Williams	28	Lynchburg	VA	33:17	33:07
30	141	Octavia Davis	26	Lynchburg	VA	33:27	33:17
31	145	Crystal Poulsen	29	Lynchburg	VA	33:27	33:23
32	146	Tara Venckus	26	Lynchburg	VA	34:12	33:26
33	147	Amy Guthrie	27	Lynchburg	VA	33:27	33:30
34	151	Tyler Smith	28	Lynchburg	VA	33:50	33:46
35	159	Heather Snyder	26	Gretna	VA	34:21	33:58
36	163	Ashley Rogers	29	Madison Heights	VA	34:13	34:00
37	165	Patricia Evans	25	Appomattox	VA	35:11	34:01
38	169	Tiffany Sharp	26	Lynchburg	VA	34:19	34:02
39	202	Amanda Brooks	25	Lynchburg	VA	37:11	36:44
40	213	Britney Smith	25	Bedford	VA	38:37	37:40
41	246	Kaili Falwell	29	Lynchburg	VA	39:17	38:58
42	254	Suzanne Kelly	28	Concord	VA	39:46	39:28
43	257	Jessica Watts	28	Lynchburg	VA	40:28	39:32

44	258	Katie De La Cruz	28	Lynchburg	VA	39:48	39:37
45	259	Samantha Goff	28	Lynchburg	VA	39:52	39:39
46	298	Alyssa Tolley	25	Rustburg	VA	42:40	42:40
47	300	Meagan Bell	28	Covington	VA	42:54	42:54
48	327	Jamie Hall	29	Lynchburg	VA	44:30	43:55
49	337	Lexi Adler	25	Lynchburg	VA	45:01	44:12
50	359	Philicia Reid	27	Amherst	VA	47:06	45:31
51	360	Regina Younger	26	Bedford	VA	47:09	45:36
52	364	Kristin Handy	29	Lynchburg	VA	46:23	45:45
53	369	Melinda Moore	29	Evington	VA	47:27	45:54
54	374	Heather Powell	29	Madison Heights	VA	47:16	46:09
55	388	Samantha Russell	28	Amherst	VA	47:53	46:52
56	396	Savannah Cook	29	Lynchburg	VA	47:51	47:08
57	399	Dana Cook	27	Lynchburg	VA	47:51	47:09
58	410	Bethany Conner	25	Lynchburg	VA	48:29	47:40
59	427	Laura Chasson	29	Bedford	VA	50:25	48:38
60	467	Josie Spear	25	Forest	VA	50:40	50:23
61	468	Shannan Hester	28	Lynchburg	VA	50:40	50:23
62	472	Amy Hancock	26	Lynchburg	VA	51:22	50:37
63	479	Amanda Overtin	28	Lynchburg	VA	1:09:06	51:05
64	490	Lauren Ramsey	28	Forest	VA	52:26	51:40
65	499	Stephanie Williamso	28	Altavista	VA	52:15	51:51
66	528	Shawna Clark	27	Forest	VA	55:22	54:00
67	546	Hope Watts	28	Sneads Ferry	NC	56:06	54:40
68	553	Katie Hensley	25	Bedford	VA	56:07	55:00
69	554	Sara Davies	27	Lynchburg	VA	56:07	55:01
70	555	Sarah Smyczynski	29	Lynchburg	VA	56:39	55:08
71	556	Whitney Ferguson	27	Madison Heights	VA	56:00	55:08
72	571	Sarah Mandel	29	South Boston	VA	57:32	55:53
73	581	Mary Mays	27	Amherst	VA	58:07	56:59
74	586	Carol Lee	28	Forest	VA	59:43	58:09
75	592	Ashley Hall	28	Altavista	VA	1:01:07	59:28
76	593	Casey Driskill	27	Rustburg	VA	1:00:58	59:37
77	599	Ashley Kelly	26	Appomattox	VA	1:00:56	1:00:25
78	606	Krystal Clark	29	Monroe	VA	1:02:56	1:01:36
79	616	Ashley Sutphin	25	Rustburg	VA	1:06:08	1:05:18
80	624	Sarah Bowman	27	Forest	VA	1:09:16	1:07:52
81	625	Echo Young	28	Lynchburg	VA	1:09:18	1:07:52

FEMALE AGE GROUP: 30 - 34

1	21	Cheri Lanier	34	Lynchburg	VA	25:31	25:30
2	30	Vesna Farrar	30	Lynchburg	VA	27:11	26:57
3	34	Lindsay Klein	30	Forest	VA	27:21	27:16
4	38	Amanda Greenlaw	33	Evington	VA	28:50	27:41
5	49	Kristen Tipton	30	Lynchburg	VA	27:59	27:54
6	61	Jessica Kercher	30	Lynchburg	VA	29:11	28:57
7	62	Jennifer Candler	34	Lynchburg	VA	29:16	29:09
8	64	Sara Tomlin	34	Madison Heights	VA	29:37	29:14
9	68	Katie Kirby	31	Lynch Station	VA	29:30	29:19
10	75	Caroline Adolf	32	Lynchburg	VA	30:41	30:00
11	78	Nicole Straw	30	Forest	VA	30:13	30:10
12	79	Crystal Moore	33	Lynchburg	VA	30:22	30:12
13	80	Lindy Suster	34	Lynchburg	VA	31:33	30:20
14	81	Betsy Craig	30	Lynchburg	VA	31:22	30:21
15	109	Amy Wood	33	Madison Heights	VA	31:54	31:34
16	126	Lauren Martin	32	Lynchburg	VA	34:19	32:33
17	157	Jennifer Hudson	31	Lynchburg	VA	34:47	33:54
18	158	Gini Matz	31	Lynchburg	VA	34:44	33:55
19	166	Kimberly Blake	34	Madison Heights	VA	34:20	34:02
20	176	Amanda Irvin	33	Madison Heights	VA	34:50	34:17
21	190	Joy Teague	30	Forest	VA	35:51	35:27
22	194	Anna Civis	30	Forest	VA	36:16	35:44

23	199	Summer Sawyer	34	Lynchburg	VA	37:30	36:35
24	201	Katie Page	30	Lynchburg	VA	37:30	36:36
25	220	Melissa Busse	31	Lynchburg	VA	38:16	37:57
26	240	Erin Dragan	34	Lynchburg	VA	39:22	38:53
27	241	Tara Miller	30	Amherst	VA	39:46	38:53
28	242	Kristin Campbell	32	Forest	VA	39:46	38:53
29	280	Sarah Torres	32	Forest	VA	43:26	41:51
30	285	Philmika Reid	30	Lynchburg	VA	43:39	42:02
31	303	Michelle Short	31	Lynchburg	VA	44:19	42:56
32	330	Brittany Evans	33	Lynchburg	VA	45:31	43:56
33	332	Tammy Case	33	Lynchburg	VA	44:34	43:58
34	336	Leslie Shaffer	32	Roanoke	VA	44:45	44:11
35	346	Amy Hatcher	31	Forest	VA	45:16	44:43
36	356	Jenny Falls	34	Lynchburg	VA	49:26	45:24
37	363	Megan Hagerty	31	Forest	VA	46:23	45:45
38	373	Toni Overstreet	31	Madison Heights	VA	47:16	46:08
39	378	Lakrisha Young	34	Lynchburg	VA	47:03	46:22
40	379	Dana Hawkins	31	Madison Heights	VA	47:03	46:22
41	380	Tiffany Harvey	34	Madison Heights	VA	46:56	46:29
42	400	Brittany Smith	30	Lynchburg	VA	47:51	47:10
43	414	Kacie Miller	33	Forest	VA	49:52	48:01
44	425	Sara Holcomb	30	Lynchburg	VA	50:08	48:38
45	462	Kelly Barker	30	Hurt	VA	50:39	50:14
46	466	Shamecka Gilmore	34	Lynchburg	VA	52:01	50:20
47	485	Kristen Davis	33	Evington	VA	52:23	51:16
48	488	Courtney Holley	32	Rustburg	VA	52:05	51:26
49	489	Jessica Dalton	34	Rustburg	VA	52:05	51:27
50	497	Danielle Sarchet	30	Lynchburg	VA	52:23	51:49
51	501	Marisa Banke	32	Goode	VA	52:26	51:55
52	502	Tiffany Wood	32	Thaxton	VA	57:22	52:03
53	506	Lucy Buckley	33	Evington	VA	54:25	53:01
54	527	Marquita Scott	31	Madison Heights	VA	55:22	53:59
55	539	Stephanie Onusko	31	Charlottesville	VA	55:05	54:23
56	551	Shannon Snead	34	Lynchburg	VA	55:48	54:49
57	561	Michele Mason	30	Brookneal	VA	56:12	55:22
58	568	Jennifer Maul	34	Lynchburg	VA	56:31	55:51
59	570	Rachel Espinosa	32	Lynchburg	VA	57:31	55:53
60	576	Sharie Anthony	30	Forest	VA	57:47	56:05
61	582	Keri Whorley	31	Madison Heights	VA	58:35	57:15
62	583	Monika Hackney	33	Lynchburg	VA	58:24	57:28
63	589	Kerri Bond	31	Sweet Briar	VA	1:00:25	58:40
64	597	Elizabeth Mawyer	30	Amherst	VA	1:01:31	1:00:22
65	600	Sindria Gray	34	Lynchburg	VA	1:02:01	1:00:30
66	607	Lindsay Beebe	32	Lynchburg	VA	1:02:56	1:01:36
67	608	Cynthia Morris	32	Madison Heights	VA	1:02:56	1:01:37

FEMALE AGE GROUP: 35 - 39

1	12	Mary Kathryn Allen	36	Gladstone	VA	24:16	24:16
2	14	Christy Davis	37	Lynchburg	VA	24:43	24:37
3	15	Alicia Roberts	36	Lynchburg	VA	24:57	24:54
4	20	Rhonda Sprouse	38	Madison Heights	VA	25:25	25:21
5	27	Cotrena Liggon	37	Lynchburg	VA	26:35	26:30
6	37	Annette Watts	35	Forest	VA	28:20	27:28
7	44	Kelly Perdieu	36	Forest	VA	28:15	27:46
8	48	Tray Grant	38	Lynchburg	VA	27:59	27:54
9	65	Beth Jamerson	38	Appomattox	VA	29:30	29:16
10	66	Shannon Vincin-Calv	37	Lynchburg	VA	30:29	29:18
11	67	Christy Worley	36	Lynch Station	VA	29:30	29:18
12	69	Kellie Gallier	38	Appomattox	VA	29:30	29:21
13	71	Caryn Pack	36	Forest	VA	30:22	29:24
14	93	Julie Barber	39	Madison Heights	VA	31:04	30:51
15	95	Angie Kyper	39	Lynchburg	VA	31:22	31:01

16	102	Tiffany Dowdy	38	Concord	VA	32:18	31:17
17	127	Colby Takacs	36	Lynchburg	VA	34:19	32:33
18	140	Wendy Nichols	37	Forest	VA	34:10	33:15
19	143	Jennifer Burchette	37	Madison Heights	VA	33:36	33:20
20	162	Sarah Floyd	36	Amherst	VA	34:53	34:00
21	177	Valerie Tucker	38	Forest	VA	34:25	34:17
22	181	Courtney Woody	38	Lynchburg	VA	35:11	34:55
23	200	Alexis Chantal	35	Lynchburg	VA	37:31	36:36
24	225	Dana Woody	36	Appomattox	VA	38:49	38:35
25	229	Chelsey Dews	38	Forest	VA	39:43	38:40
26	230	Samantha James	36	Lynchburg	VA	39:23	38:40
27	236	Kelly Witt	37	Lynchburg	VA	39:22	38:51
28	260	Amy Sandidge	36	Lynchburg	VA	40:10	39:42
29	265	Sherry Thompson	36	Bedford	VA	41:39	40:41
30	269	Tenisha Bridges	38	Lynchburg	VA	41:16	41:15
31	273	Shannon Winstead	37	Forest	VA	42:39	41:39
32	305	Jodi Monopoli	35	Madison Heights	VA	44:27	43:03
33	306	Corrie Hall	35	Forest	VA	44:17	43:07
34	309	Lavinna Ashwell	37	Evington	VA	43:30	43:19
35	310	Lisa Ebert	35	Forest	VA	43:30	43:19
36	317	Kelly Gladden	38	Rustburg	VA	45:09	43:35
37	354	Sarah Harvey	35	Madison Heights	VA	45:30	45:07
38	358	Summer Gray	35	Lynchburg	VA	45:54	45:31
39	365	Ayanna Allen	38	Madison Heights	VA	46:50	45:48
40	371	Melanie Watson	35	Lynchburg	VA	46:45	46:04
41	389	Jill Collier	37	Altavista	VA	47:53	46:52
42	390	Kari Vess	38	Monroe	VA	47:51	46:57
43	393	Sarah Gavin	37	Forest	VA	48:51	46:58
44	398	Stacey St.Clair	37	Lynchburg	VA	47:51	47:08
45	405	Kameshra White	39	Lynchburg	VA	49:10	47:26
46	417	Jessica Tomlin	35	Big Island	VA	48:28	48:19
47	431	Karri Wade	38	Rustburg	VA	50:00	48:44
48	432	April Lukowski	35	Rustburg	VA	50:00	48:45
49	441	Brandy Marcum	35	Evington	VA	49:18	49:02
50	460	Barbie Hayes	39	Spout Spring	VA	51:31	50:13
51	464	Beth Magenbauer	39	Forest	VA	51:23	50:19
52	465	Kim Steuart	39	Forest	VA	51:54	50:20
53	487	Haley Lewis	36	Rustburg	VA	52:06	51:26
54	500	Jennifer Major	35	Lynchburg	VA	52:26	51:54
55	503	Tamika Stamps	36	Lynchburg	VA	54:33	52:54
56	504	Brooke Elliott	36	Gladys	VA	54:37	52:58
57	505	Cindy Pender	37	Forest	VA	54:25	53:01
58	523	Deidre Austin	39	Lynchburg	VA	54:31	53:30
59	526	Raudy Santana	36	Forest	VA	54:32	53:43
60	559	Kim Sarver	35	Roanoke	VA	56:18	55:10
61	565	Taunya Bryant	37	Lynchburg	VA	56:23	55:31
62	573	Rebekah Sidotti	36	South Boston	VA	57:31	55:54

FEMALE AGE GROUP: 40 - 44

1	32	Charlene Morell	41	Lynchburg	VA	27:08	27:05
2	55	Myra McDaniel	41	Lynchburg	VA	28:42	28:41
3	56	Nancy Turner	44	Forest	VA	28:44	28:41
4	76	Shanna Akers	40	Madison Heights	VA	30:16	30:03
5	89	Laura Meadows	44	Lynchburg	VA	30:57	30:48
6	101	Angela Moses	40	Lynchburg	VA	31:28	31:16
7	110	Keena Thomas	42	Lynchburg	VA	32:09	31:34
8	111	Holly Trent	40	Lynchburg	VA	32:10	31:35
9	114	Mercy Clements	41	Lynchburg	VA	32:25	32:00
10	120	Leigh Frasier	42	Forest	VA	32:37	32:08
11	122	Romina Faccennini	41	Forest	VA	32:34	32:09
12	156	Amy Martin	43	Lynchburg	VA	34:58	33:52
13	178	Karen Clay	43	Forest	VA	35:29	34:35

14	187	Katie Bunch	43	Amherst	VA	35:24	35:14
15	215	Kristen Woodford	43	Forest	VA	38:34	37:40
16	226	Jennifer Reynolds	42	Lynchburg	VA	39:07	38:38
17	235	Nicole Plucker	44	Lynchburg	VA	39:19	38:51
18	244	Kimberley Duff	40	Madison Heights	VA	39:16	38:55
19	250	Janice Davis	41	Hurt	VA	40:16	39:19
20	255	Any Huskin	44	Madison Heights	VA	39:44	39:31
21	261	Katrina Easley	42	Gladys	VA	40:57	39:44
22	267	Evelynn Garcia	42	Lynchburg	VA	41:34	41:09
23	271	Whitney Rose	40	Madison Heights	VA	42:40	41:24
24	287	Jennifer C Morris	43	Forest	VA	42:56	42:09
25	291	Stacey Garrett	41	Brookneal	VA	43:40	42:17
26	304	Helen Cox	42	Madison Heights	VA	43:50	42:57
27	307	Shani Inge	43	Goode	VA	44:17	43:07
28	316	Katie Hamby	43	Madison Heights	VA	43:53	43:35
29	321	Gail Rexrode	41	Evington	VA	45:04	43:45
30	334	Jennifer Goumas	44	Forest	VA	44:43	44:09
31	341	Missy Millner	42	Lynchburg	VA	45:15	44:30
32	366	Rosetta Neblett	44	Madison Heights	VA	47:09	45:52
33	384	Pam Crider	42	Rustburg	VA	46:42	46:34
34	402	Annie Wagoner	43	Lynchburg	VA	48:43	47:21
35	404	Ann Lewis	42	Lynchburg	VA	49:08	47:25
36	406	Andrea Patillo	43	Madison Heights	VA	49:08	47:26
37	411	Carla Ferguson	41	Lynchburg	VA	48:29	47:40
38	416	Allison Daniels	43	Gladys	VA	49:18	48:19
39	423	Jennifer Samson	40	Huddleston	VA	49:10	48:31
40	430	Jennifer Simonton	40	Evington	VA	49:01	48:43
41	443	Amy Snead	42	Lynchburg	VA	50:21	49:11
42	447	Stacie Williams	44	Lynchburg	VA	50:51	49:18
43	451	Michelle Mazur	44	Forest	VA	50:47	49:37
44	483	Debbie Faris	43	Forest	VA	52:07	51:14
45	484	Heather Jamerson	43	Madison Heights	VA	52:22	51:16
46	486	Teresa Webber	43	Madison Heights	VA	52:23	51:16
47	494	April Denny	41	Concord	VA	52:59	51:45
48	511	Jenianne Holzhauser	41	Lynchburg	VA	54:38	53:03
49	512	Joy Barber	42	Evington	VA	54:37	53:03
50	515	Jennifer Maddox	43	Amherst	VA	54:38	53:05
51	516	Laura Sipple	40	Lynchburg	VA	54:33	53:05
52	522	Jennifer Willis	43	Lynchburg	VA	54:41	53:13
53	535	Michelle Wade	40	Lynchburg	VA	55:28	54:12
54	545	Michele Baker	43	Forest	VA	56:01	54:36
55	550	Jennifer Walls	42	Lynchburg	VA	55:47	54:49
56	562	Margaret Hall	43	Gladys	VA	55:32	55:23
57	563	Monyca Boone	43	Hurt	VA	55:32	55:23
58	566	April Murphy	40	Huddleston	VA	56:25	55:34
59	569	Heather Childress	43	Lynchburg	VA	56:31	55:51
60	575	Djelna Legagneur	41	Lynchburg	VA	57:47	56:04
61	584	Jennifer Johnson	41	Lynchburg	VA	58:23	57:28
62	585	Sara Crews	40	Hurt	VA	58:24	57:29
63	587	Tamara Smith	43	Lynchburg	VA	59:31	58:09
64	594	Sylvia Clark	42	Forest	VA	1:01:00	59:39
65	603	Robin Droog	44	Lynchburg	VA	1:02:52	1:01:02
66	604	Stephanie Johnson	40	Madsion Heights	VA	1:02:20	1:01:09
67	605	Jennifer Tate	43	Lynchburg	VA	1:02:54	1:01:34
68	610	Heather Welcher	40	Lynchburg	VA	1:02:52	1:01:53
69	612	Tiffany McGann	44	Lynchburg	VA	1:03:56	1:02:06
70	619	Wendy Reid	43	Rustburg	VA	1:06:08	1:05:20
71	621	Opal Corell	40	Forest	VA	1:07:53	1:06:25

FEMALE AGE GROUP: 45 - 49

1	26	Ronda Carroll	45	Forest	VA	25:58	25:51
2	52	Nelfa McReynolds	49	Forest	VA	28:08	28:05

3	70	Susan Cheatham	45	Spout Spring	VA	29:31	29:24
4	73	Karen Crosby	45	Madison Heights	VA	30:07	29:38
5	77	Maribel Rosado-Schi	46	Lynchburg	VA	30:20	30:08
6	92	Tammy Brown	46	Forest	VA	31:02	30:50
7	104	Candy Spencer	45	Lynchburg	VA	32:34	31:21
8	119	Christine Duffie	45	Forest	VA	32:32	32:08
9	121	Melissa Millner	49	Forest	VA	32:37	32:08
10	129	Camille Wilson	46	Madison Heights	VA	34:21	32:40
11	131	Wendy Golden	47	Madison Heights	VA	34:21	32:40
12	132	Tracey Burke	46	Concord	VA	33:44	32:42
13	135	Geeta Rakheram	47	Lynchburg	VA	34:33	32:56
14	149	Renee Scott	49	Gladstone	VA	34:48	33:43
15	152	Patricia Culp	49	Goode	VA	34:48	33:48
16	155	Sherry Stone	45	Lynchburg	VA	34:58	33:52
17	160	Cheryl Simpson-Free	45	Spout Spring	VA	34:46	33:58
18	170	Beth Wells	45	Lynchburg	VA	35:02	34:02
19	173	Lauren Wheless	47	Madison Heights	VA	35:52	34:11
20	186	Susan Bryant	47	Amherst	VA	35:38	35:09
21	189	Sydni Jackson	46	Forest	VA	35:47	35:22
22	193	Angela Markham	46	Lynchburg	VA	35:43	35:36
23	196	Brenda Mason	49	Concord	VA	36:08	36:05
24	198	Leah Morrell	49	Forest	VA	36:46	36:24
25	205	Karen Creger	49	Forest	VA	37:24	36:54
26	206	Elizabeth Allen	49	Lynchburg	VA	37:04	36:59
27	207	Laura Robert	46	Lynchburg	VA	37:34	37:06
28	212	Gussie Banks	46	Lynchburg	VA	37:42	37:35
29	217	Kim Vandebogart	48	Lynchburg	VA	38:52	37:45
30	221	Catherine Robinson	47	Lynchburg	VA	38:06	37:58
31	224	Lisa Ray	47	Goode	VA	39:57	38:34
32	233	Karen Rudd	46	Lynchburg	VA	39:52	38:43
33	245	Tracy Murry	46	Amherst	VA	39:36	38:57
34	247	Lisa Heagy	46	Forest	VA	39:40	39:08
35	248	Dreama Lutz	47	Concord	VA	40:08	39:17
36	253	Lisa Gunter	46	Rustburg	VA	40:32	39:25
37	262	Angela Arthur	49	Forest	VA	40:32	40:05
38	263	Patricia Peters	47	Madison Heights	VA	40:38	40:16
39	277	Dana Riele	48	Rustburg	VA	43:16	41:49
40	279	Deanna Aultice	45	Lynchburg	VA	43:15	41:51
41	282	Stacy Ferrell	46	Rustburg	VA	42:14	41:54
42	284	Leigh Ann Laneve	48	Forest	VA	42:47	41:57
43	290	Zeinab Mayagile	48	Lynchburg	VA	42:34	42:12
44	314	Melonee Dismond	46	Lynchburg	VA	44:33	43:29
45	318	Theresa Clay	49	Forest	VA	45:18	43:42
46	323	Billie Ware	48	Rustburg	VA	44:24	43:49
47	328	Tammy Slade	47	Lynchburg	VA	45:31	43:55
48	329	Kathe Brown	46	Forest	VA	45:31	43:56
49	335	Belinda Shorter	48	Appomattox	VA	44:45	44:11
50	348	Mary Daniels	48	Lynchburg	VA	46:11	44:53
51	350	Donna Minney	47	Rustburg	VA	46:07	44:54
52	351	Kim Klahn	46	Forest	VA	46:07	44:54
53	361	Rhonda Wormser	45	Lynchburg	VA	46:02	45:40
54	381	Teresa Bersch	49	Lynchburg	VA	47:26	46:33
55	383	Tammy Marshall	45	Rustburg	VA	46:42	46:33
56	387	Theresa McGuire	46	Lynchburg	VA	47:45	46:47
57	395	Kim Breeden	45	Lynchburg	VA	47:55	46:59
58	420	Patricia Petzing	46	Lynchburg	VA	48:38	48:24
59	428	Shana Sayers	47	Bedford	VA	50:21	48:39
60	450	Andrea Wood	47	Lynchburg	VA	50:32	49:33
61	469	Betty Nance	46	Huddleston	VA	50:41	50:25
62	475	Jill Torrence	46	Lynchburg	VA	52:24	50:47
63	476	Carla Stanley	48	Rustburg	VA	52:24	50:47
64	478	Danetta Elliott	46	Concord	VA	51:32	51:03

65	482	Sandy Schaible	49	Lynchburg	VA	52:29	51:08
66	492	Holly Wilson	48	Arrington	VA	52:55	51:42
67	508	Tracy Tyree	49	Rustburg	VA	54:41	53:02
68	509	Beth Anderson	48	Rustburg	VA	54:42	53:02
69	517	Rachelle Nowacki	45	Forest	VA	53:42	53:07
70	524	Monica Davis	48	Lynchburg	VA	55:11	53:40
71	542	Valerie Regan	45	Gladys	VA	55:44	54:29
72	590	Cheryl Brown	48	Lynchburg	VA	1:00:57	59:20
73	602	Lisa Best	45	Lynchburg	VA	1:02:51	1:01:01
74	623	Belinda Bowman	47	Lynchburg	VA	1:09:11	1:07:45

FEMALE AGE GROUP: 50 - 54

1	39	Lesley McPhatter	51	Madison Heights	VA	28:16	27:42
2	40	Victoria Lee	53	Madison Heights	VA	28:22	27:44
3	42	Jeanne Landis	53	Lynchburg	VA	27:44	27:44
4	43	Christy Masters	51	Lynchburg	VA	27:52	27:45
5	50	Jade Lane	54	Lynchburg	VA	28:12	28:01
6	72	Pamela Shirey	50	Lynchburg	VA	30:08	29:38
7	74	Andrea Neiman	54	Lynchburg	VA	30:57	29:56
8	82	Beverly Schreiber	52	Gladys	VA	30:36	30:24
9	86	Alicia Matherly	51	Hurt	VA	31:05	30:33
10	99	Tammy Stoner	50	Forest	VA	31:20	31:16
11	100	Teresa Carr	50	Forest	VA	32:41	31:16
12	108	Teresa McGehee	52	Forest	VA	31:32	31:32
13	174	Corinne Ware	51	Lynchburg	VA	34:44	34:11
14	183	Phyllis West	51	Lynchburg	VA	35:22	35:03
15	188	Karen Simonton	50	Lynchburg	VA	36:34	35:16
16	192	Angela Smoot	52	Lynchburg	VA	37:00	35:28
17	203	Laurie Grosvenor	50	Forest	VA	36:56	36:51
18	211	Lois Tyree	52	Madison Heights	VA	38:26	37:26
19	218	Janelle Bell	54	Madison Heights	VA	38:06	37:51
20	232	Shannon Knight	52	Madison Heights	VA	39:23	38:41
21	237	Michelle Nichols	52	Forest	VA	39:22	38:52
22	239	Donna Layne	54	Forest	VA	39:11	38:52
23	268	Diana Gooding	51	Lynchburg	VA	42:30	41:12
24	275	Heidi Toler	52	Lynchburg	VA	43:16	41:49
25	276	Tracy Fanning	54	Lynchburg	VA	43:16	41:49
26	281	Rosalyn Williams	50	Lynchburg	VA	43:15	41:51
27	292	Nancy Reed	51	Forest	VA	42:41	42:18
28	299	Kathrine Powell	52	Lynchburg	VA	43:45	42:42
29	302	Sandra Patterson	52	Lynch Station	VA	43:01	42:55
30	325	Belinda Morris	53	Forest	VA	44:51	43:52
31	326	Jackie Bradshaw	52	Franklin	VA	44:27	43:54
32	338	Faith Coles	50	Madison Heights	VA	45:46	44:17
33	340	Neisy Jones	54	Lynchburg	VA	45:13	44:29
34	344	Jacqueline Britton	52	Lynchburg	VA	45:14	44:37
35	349	Kim Ayscue	53	Lynchburg	VA	46:11	44:54
36	352	Cynthia Dougherty	52	Monroe	VA	45:01	44:59
37	355	Becky Herzog	51	Lynchburg	VA	45:59	45:10
38	357	Barbara Davis	54	Forest	VA	45:54	45:31
39	370	Rhonda Johnson	53	Forest	VA	46:47	46:00
40	372	Catherine Evans	50	Madison Heights	VA	47:11	46:06
41	375	Tamara Allen	51	Forest	VA	46:57	46:10
42	391	Judy McCoy	54	Lynchburg	VA	47:54	46:57
43	394	Sherry Miles	53	Madison Heights	VA	47:50	46:58
44	419	Nilda Linkenhoker	50	Lynchburg	VA	48:43	48:19
45	421	Deanna Storey	52	Lynchburg	VA	50:00	48:26
46	436	Sarah Jackson	52	Madison Hgts.	VA	50:24	48:57
47	442	Vicky Overstreet	52	Lynchburg	VA	50:22	49:10
48	445	Jane Bankovich	54	Lynchburg	VA	50:02	49:15
49	449	Kim Morcom	53	Monroe	VA	50:37	49:30
50	474	Betty Franklin	54	Lynchburg	VA	52:15	50:45

51	495	Chryl Scott	52	Lynchburg	VA	52:59	51:45
52	518	Lisa Taylor	51	Forest	VA	53:42	53:07
53	519	Neina Davis	52	Lyn	VA	53:33	53:09
54	536	Penny Wallace	51	Rustburg	VA	55:28	54:12
55	541	Joyce Perry	50	Lynchburg	VA	55:50	54:24
56	548	Lezley Scott	50	Lynchburg	VA	56:05	54:41
57	552	Carla Groff	53	Bedford	VA	57:22	54:59
58	557	Sheila Dyson	51	Blairs	VA	56:18	55:09
59	574	Bonnie Overstreet	53	Evington	VA	1:01:19	56:00
60	580	Debra Martin	52	Appomattox	VA	58:29	56:58
61	588	Debra Maddox	50	Forest	VA	59:44	58:10
62	611	Kathryn Graham	52	Lynchburg	VA	1:02:53	1:01:54

FEMALE AGE GROUP: 55 - 59

1	83	Stacey Lowe	55	Lynchburg	VA	30:39	30:26
2	87	Carolyn Hopper	57	Lynchburg	VA	31:49	30:37
3	105	Leann James	59	Lynchburg	VA	31:31	31:22
4	128	Beth Freeman	56	Monroe	VA	32:50	32:37
5	167	Judy Varnadore	57	Lynch Station	VA	34:07	34:02
6	175	Cindi Cole	55	Lynchburg	VA	34:15	34:13
7	222	Donna Miller	58	Lynchburg	VA	39:28	38:18
8	231	Martha Cheatham	56	Lynchburg	VA	39:23	38:41
9	266	Denise Trail	58	Lynchburg	VA	41:13	40:41
10	274	Deborah Councell	55	Lynchburg	VA	43:16	41:48
11	278	Kim Held	55	Forest	VA	43:16	41:50
12	294	Susan Elder	56	Forest	VA	42:41	42:18
13	308	Regina Case	59	Lynchburg	VA	43:48	43:12
14	313	Lisa Stern	55	Madison Heights	VA	44:30	43:25
15	320	Ella Roark	55	Lynchburg	VA	45:18	43:43
16	324	Carla Williams	57	Lynchburg	VA	45:22	43:50
17	331	Cindy Tolle	55	Forest	VA	45:05	43:57
18	333	Cathy Osborne	58	Lynchburg	VA	45:15	44:03
19	347	Kim Smith	55	Forest	VA	44:50	44:44
20	353	Carol Hall	56	Lynchburg	VA	45:02	44:59
21	362	Ophelia Thomas	59	Forest	VA	45:58	45:43
22	367	Tina Markham	55	Lynchburg	VA	46:15	45:53
23	368	Denise Watts	55	Forest	VA	46:15	45:53
24	392	Debra Gardner	56	Amherst	VA	47:50	46:57
25	397	Teresa Irving	56	Lynchburg	VA	47:58	47:08
26	408	Lynette Brooks	55	Goode	VA	48:34	47:30
27	409	Carolyn Wagner	56	Forest	VA	48:34	47:31
28	426	Freedra Manley	59	Lynchburg	VA	50:08	48:38
29	429	Vicky Rosser	58	Rustburg	VA	50:21	48:40
30	434	Yolanda Bates	56	Madison Heights	VA	49:45	48:54
31	435	Blondell Jackson	58	Evington	VA	50:25	48:56
32	438	Phoebe Knight	56	Forest	VA	49:34	48:58
33	444	Debbie Meade	58	Forest	VA	49:59	49:12
34	453	Edie Gibbs	59	Lynchburgl	VA	50:43	49:57
35	459	Renata Mistretta	58	Forest	VA	51:31	50:12
36	461	Debbie Gallier	55	Lynchburg	VA	50:39	50:13
37	470	Gloria Ferguson	59	70	VA	50:59	50:33
38	471	Lynn Layne	56	Lynchburg	VA	51:22	50:35
39	491	Sheila Moore	57	Gladstone	VA	51:56	51:41
40	493	Linda Lacroix	55	Arrington	VA	52:55	51:42
41	520	Becky Bergin	55	Lynhburg	VA	53:27	53:10
42	521	Diane Pratt	57	Forest	VA	54:15	53:13
43	534	Celia Hudnall	57	Rustburg	VA	55:46	54:04
44	537	Ronni McCombie	57	Lynchburg	VA	54:40	54:18
45	543	Cathy Daniels	57	Lynchburg	VA	55:46	54:30
46	544	Harriet Croner	59	Pamlin	VA	54:41	54:33
47	558	Tracy Ferguson	56	Madison Heights	VA	56:01	55:10
48	564	Dana Proffitt	56	Madison Heights	VA	56:11	55:25

49	572	Karen Mandel	58	Lynchburg	VA	57:31	55:53
50	577	Leslie Nowlin	55	Rustburg	VA	56:33	56:12
51	620	Carla Lentz-Bales	57	Rustburg	VA	1:06:08	1:05:21
52	622	Vickie Moore	59	Forest	VA	1:07:54	1:06:26

FEMALE AGE GROUP: 60 - 64

1	90	Lynn McFaden	64	Evington	VA	31:01	30:49
2	139	Daryl Ann Miller	60	Lynchburg	VA	34:17	33:07
3	153	Sydnee Reed	60	Forest	VA	33:55	33:48
4	216	Cindy Webb	62	Lynchburg	VA	38:44	37:44
5	256	Beverly D Martin	64	Forest	VA	39:45	39:32
6	293	Sallie Voth	63	Lynchburg	VA	42:41	42:18
7	296	Eva Johnson	63	Forest	VA	43:49	42:30
8	377	Catharine Kimble	63	Lynchburg	VA	46:50	46:13
9	382	Sylvia Jacobs	62	Lynchburg	VA	47:26	46:33
10	407	Kathleen Putnam	62	Lynchburg	VA	49:20	47:28
11	413	Sylvia Hollandswort	62	Scottsburg	VA	49:52	48:01
12	418	Sue Whitacre	60	Lynchburg	VA	48:29	48:19
13	424	Reva Banks	61	Lynchburg	VA	49:32	48:32
14	437	Gwendolyn Scott	64	Lynchburg	VA	50:26	48:57
15	454	Cathy Hoare	63	Forest	VA	50:39	50:00
16	456	Deb Hiller	64	Lynchburg	VA	50:39	50:02
17	463	Rebecca Cheatham	63	Evington	VA	51:23	50:19
18	473	Vivian Rhodes	60	Evington	VA	51:05	50:38
19	477	Rosa Baker	60	Lynchburg	VA	50:58	50:52
20	480	Anne Marie Caylor	61	Lynchburg	VA	1:09:06	51:05
21	507	Evelyn Dunbar Webb	61	Lynchburg	VA	54:37	53:01
22	529	Donna Bryant	60	Madison Heights	VA	55:46	54:01
23	530	Ellen Saunders	64	Madison Heights	VA	55:46	54:02
24	531	Martha Brooks	62	Madison Heights	VA	55:46	54:02
25	533	Sheila Harvey	62	Madison Heights	VA	55:46	54:04
26	547	Debra Watts	60	Lynchburg	VA	56:06	54:40
27	560	Brenda Tanner	61	Locust Dale	VA	56:12	55:21
28	601	Wanda Goodrich	60	Lynchburg	VA	1:01:48	1:00:32
29	614	Cindy Crance	62	Lexington	VA	1:06:54	1:05:05

FEMALE AGE GROUP: 65 - 69

1	117	Candace Lawhorne	65	Lynchburg	VA	32:44	32:05
2	182	Gail Copelan	66	Lynchburg	VA	35:14	34:56
3	195	Regina Schwabe	65	Pamplin	VA	36:41	35:58
4	197	Sue Pfeiffer	65	Rustburg	VA	36:29	36:24
5	249	Janice Penn	66	Rustburg	VA	40:29	39:18
6	288	Jo Goins	67	Lynchburg	VA	42:56	42:10
7	289	Janet Kelley	65	Lynchburg	VA	43:49	42:11
8	315	Penny Wood	68	Madison Heights	VA	44:48	43:31
9	376	Cheryl A Todd	67	Lynchburg	VA	47:13	46:12
10	422	Beverly Mahoney	67	Lynchburg	VA	49:09	48:31
11	433	Wanda McCoy	65	Lynchburg	VA	49:45	48:54
12	439	Claire Ickes	66	Lynchburg	VA	49:12	49:01
13	440	Mary Anne Mills	66	Lynchburg	VA	49:12	49:01
14	446	Marcia Catalano	67	Lynchburg	VA	49:36	49:17
15	455	Linda Tuck	68	Lynchburg	VA	50:22	50:00
16	458	Joanna Panzarino	65	Madison Heights	VA	51:31	50:11
17	532	Beverly Burchett	65	Madison Heights	VA	55:46	54:03
18	613	Sue Wood	65	Goode	VA	1:06:52	1:05:03

FEMALE AGE GROUP: 70 - 99

1	172	Mary Wells Ramsey	70	Rustburg	VA	34:52	34:04
2	295	Caroline Crow	70	Lynchburg	VA	42:55	42:30
3	412	Elaine Clarke	78	Lynchburg	VA	48:04	47:49
4	448	Rose Warren	70	Lynchburg	VA	49:44	49:24
5	496	Mae Drinkard	70	Rustburg	VA	52:22	51:48

Results/Event Management: Riverside Runners, Inc. || info@riversiderunners.com